

**2018 - 2019 LAHC Ice Time Practice Schedule \***

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRI	SAT
AM						<b>Occasional Sat. Morning Games - 8U</b>
PM 4:00						
4:30	<b>10U/12U Goalies</b> 4:00-4:45	<b>19U Girls</b> 4:00-5:00	<b>14U/18U Goalies</b> 4:00-4:45	<b>Skills 1</b> 4:00-5:00		
5:00	<b>10U</b> 4:45-5:45		<b>10U</b> 4:45-5:45			
5:30						
6:00	RESURFACING	<b>Initiation</b> 5:45-6:15	RESURFACING	<b>Initiation</b> 5:45-6:15		
6:30	<b>14U</b> 6:00-7:00	<b>8U</b> 6:15-7:00	<b>Skills 2</b> 6:00-7:00	<b>8U</b> 6:15-7:00	<b>Rotating Age Levels</b> 6:15-7:15 Not on Game Weekends	
7:00	RESURFACING		RESURFACING			
7:30	<b>18U</b> 7:15-8:30	<b>12U</b> 7:00-8:00	<b>18U</b> 7:15-8:30	<b>12U</b> 7:00-8:00	RESURFACING	
8:00		RESURFACING		RESURFACING	<b>Rotating Age Levels</b> 7:30-8:30 Not on Game Weekends	
8:30		<b>Skills 3</b> 8:15-9:15		<b>14U</b> 8:15-9:15		
9:00						

\* Subject to Modification

\* Aug. 28, 2018