

2019 SDWCA Youth Weight Classes  
(Districts, Regions, State)

Grade: Pre K-2nd			Grade: 3rd-5th	Grade: 6th-8th	Born 2013 or after	Born 2011-2012	Born 2009-2010	Born 2007-2008	Born 2005-2006	Born 2003-2004	Born 1999 & After Plus enrolled 9-12
Girls	Girls	Girls	Tots	Bantam	Midget	Novice	Schoolboy	Cadet	Juniors/ <b>ELITE</b>		
A	B	C	<b>6-Under</b>	<b>7-8</b>	<b>9-10</b>	<b>11-12</b>	<b>13-14</b>	<b>15-16</b>			
35	58	73	37	40	50	60	70	88	100		
40	65	82	40	44	53	64	75	94	106		
45	73	91	43	47	56	68	80	100	113		
50	82	100	46	50	59	72	85	106	120		
55	91	115	49	53	63	77	90	113	126		
60	100	130	53	57	67	82	95	120	132		
HWT	HWT	HWT	57	61	72	87	100	126	138		
			HWT	65	77	93	105	132	145		
				70	82	100	110	138	152		
				76	89	108	115	145	160		
				83	96	117	120	152	170		
				91	104	127	125	160	182		
				HWT	113	138	130	170	195		
					123	150	140	182	220		
					134	HWT	150	195	285		
					HWT		160	220			
							180	285			
							HWT				

Folkstyle									Freestyle		
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7 Classes	7 Classes	7 Classes	8 Classes	13 Classes	16 Classes	15 Classes	18 Classes	17 Classes	15 Classes
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Wrestlers NEED to make same weight for Districts, Regionals, & State