

2020 MIKE KNUBLE CAMP



Mike Knuble, Right Wing, Born July 4, 1972

- West Michigan Native (East Kentwood High School graduate 1991), East Kentwood HS 1990 MHSAA Class A State championship team
- Over 150 Games with University Of Michigan Hockey
- Over 1000 games in the NHL with the Detroit Red Wings, New York Rangers, Boston Bruins, Philadelphia Flyers and Washington Capitals
- Currently Assistant Coach with the Grand Rapid Griffins and Head Coach of Fox Motors Hockey AAA 2004 Team

SOUTHSIDE ★ ICE ★ ARENA

June 22 – 26, 2020—Cost \$450 per player

**Camp is open to
birth years
2006 - 2013**

ON ICE PROGRAM All players are required to have full equipment. All students will receive basic instruction on the fundamentals of power skating, puck control, passing and receiving, shooting, checking, offensive team play, defensive team play, and game strategies. Camp is open to Mite through Bantam Age players. The groups will be split according to age. Mites and Squirts will skate together. PeeWees and Bantams will skate together.

- * 4 hours of on ice instruction each day
- * Morning Session (stick handling, shooting, and passing)
- * Afternoon Session (Power Skating, Small Area Games)

Daily Schedule

- 10am - 12(noon)** On Ice Skills Session
- 12-1pm** Off-Ice (plyometrics, stick handling, strength)
- 1-1:45pm** Lunch Break (Concessions Open)
- 2-3pm** Power Skating Session (On Ice)
- 3-4pm** Small Area Games (On Ice)

Friday Schedule

- 2-3pm** Mite/Squirt Scrimmage
- 3-4pm** PeeWee/Bantam Scrimmage

2020 Coaching Staff

- Mike Knuble** – Over 275 NHL goals scored
- Travis Richards** – Co-Hockey Director Fox Motors Hockey Club, 10 Years with Grand Rapids Griffins, US Olympian
- Mike Slobodnik** – Co-Hockey Director Fox Motors/Head Coach GR Catholic Central Hockey (2011 MHSAA State Champions, 2016 runner-up)
- Kory Karlander** – Co-Hockey Director Fox Motors Hockey Club, Northern Michigan University, 18 years pro hockey - 7 seasons with Kalamazoo Wings
- Reed Hess** – Director of Coaching Fox Motors Hockey Club, Over 25 years experience Coaching Youth Hockey in West MI.
- Dave VanDrunen** – 17 Years of professional hockey, 5 seasons with Grand Rapids Griffins.

Register online at www.southsidearena.com/summercamp