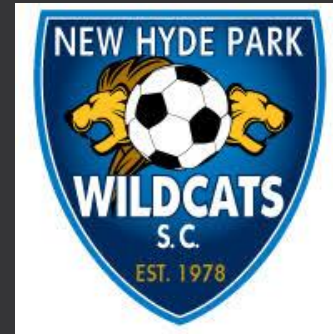


Fall 2020

SAC COVID Field Use Protocols

for

All Member Club



SAC Member Clubs' Commitment to Safety

- SAC Member Clubs are committed to ensuring that all players, coaches, and families remain SAFE during the COVID-19 pandemic.
- All actions taken by SAC Member Clubs, in regards to field use, are and will be based on information and recommendations from:
 - *US Soccer Federation and LIJSL/NYCSL (our Local Leagues)*
 - *CDC, State of New York and local public health authorities' updates.*
- People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. As such, it is agreed that a safe return to play requires a commitment from all SAC Members Clubs to ensure that we minimize spread among our players, their parents, our coaches/training staff and our parent volunteers.



C19 Symptoms (per CDC)

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms or combinations of symptoms may have COVID-19:

- Cough
- Shortness of breath or difficulty breathing
- Or at least two of these symptoms:
 - Fever
 - Chills
 - Repeated shaking with chills
 - Muscle pain
 - Headache
 - Sore throat
 - New loss of taste or smell

USS Return to Play Phases

**EASTERN NEW YORK YOUTH SOCCER ASSOCIATION
and Its Participating Leagues**

RETURN TO SOCCER ACTIVITY GUIDELINES



State Association

EFFECTIVE JULY 6, 2020 - NEW YORK STATE - PHASE 3 - RECREATIONAL ACTIVITIES RESUME				
US SOCCER PLAY-ON PHASES				
NYS REGION - PHASE 3 PROJECTED START DATE	US SOCCER PHASE I START DATE as per NY State Guidelines	US SOCCER PHASE II EARLIEST START DATE	US SOCCER PHASE III EARLIEST START DATE	US SOCCER PHASE IV EARLIEST START DATE
*NEW YORK CITY – JUNE 24	JULY 6	JULY 27	AUGUST 17	TBD
*LONG ISLAND – JUNE 24	JULY 6	JULY 27	AUGUST 17	TBD
*MID HUDSON – JUNE 24	JULY 6	JULY 27	AUGUST 17	TBD
*CAPITAL DISTRICT – JUNE 17	JULY 6	JULY 27	AUGUST 17	TBD
*MOHAWK - JUNE 12	JULY 6	JULY 27	AUGUST 17	TBD
*NORTH COUNTRIES - JUNE 12	JULY 6	JULY 27	AUGUST 17	TBD
*SOUTHERN TIER – JUNE 12	JULY 6	JULY 27	AUGUST 17	TBD
US SOCCER PLAY-ON Structure for a gradual approach to return to play	<ul style="list-style-type: none"> ✓ State/Local Regulations Lifted ✓ Small Group Training as per USS Play On Phase I Guide (p14) ✓ Max of 9 Players/1 Coach ✓ Maintain Social Distancing ✓ COVID-19 Prevention Protocols in place ✓ No Competitions or Tournaments 	<ul style="list-style-type: none"> ✓ Full Team Training Allowed ✓ Limited Small-Sided Games and Set-Play Activities as per USS Play On Phase II Guide (p.15) ✓ Continue Social Distancing with limited exceptions ✓ COVID-19 Prevention Protocols in place ✓ Allow 3 weeks for COVID-19 Tracking Purposes 	<ul style="list-style-type: none"> ✓ Full Team Competitions ✓ Continue COVID Mitigation Strategies ✓ Consider only local and single day competitions ✓ Large events guided by local government 	<ul style="list-style-type: none"> ✓ <i>NO Restrictions</i> COVID-19 is no longer a public health concern and there are no restrictions issued by State/Local Government
<p>*Effective July 6, 2020 in regions that have reached or surpassed Phase 3 of the state's reopening and in accordance with the NYS Dept of Health Interim Guidance for Sports and Recreation, participants in lower and moderate risk sports and recreation activities, may partake in play. No soccer activity before July 6th. After July 6th US Soccer Phase I can be implemented.</p>				

USS Phase III: August 17 - TBD

Phase III: Full Team Competitions

Duration: Indefinite

Core features

- Full team competitions can occur
- Continue with COVID-19 mitigation strategies
- Consider local and single day competitions
- Large events should be guided by local and/or state public health authorities

During this phase, full team competitions, such as tournaments, may take place, as long as mitigation strategies and processes for COVID-19 are being implemented.

Teams are recommended to only participate in local events and resist the urge to participate in events in other regions that may require travel or overnight stays.

As always, all events should follow local and/or state public health authority recommendations.



Practice Protocols: Harbor Links

Member Club Responsibilities - Each Member Club is responsible for all participants from their Club using this facility and must ensure that their Club abides by these SAC Protocols for field use as well as all state and local guidelines. Recommendation by SAC is to have at least (1) responsible adult per team available at the field to ensure that all players/coaches abide by these protocols.

Entering/Exiting the Fields

- Use the **West staircase on Field #1 to enter the field** and the **East staircase on Field #1 to exit the field**.

Player/Coach/Trainer Field Access

- **When to Access the Field** - No Player is to access the field until 10 minutes before the start time of their practice.
- **Mask/Face Covering**
 - **Entering the Field** - A mask/face covering **MUST BE WORN** from the time the Player/Coach/Trainer exits their vehicle at the beginning of practice until they reach their designated practice location at the field (as determined by their Team's Trainer/Coach).
 - **Exiting the Field** - A mask/face covering **MUST BE WORN** from the time the Player/Coach/Trainer leaves their designated practice location at the end of practice until they enter their vehicle

Parents/Spectator Field Access

- **U13 and Older Travel Teams** - A maximum of (2) Parent Volunteers/Team Managers are allowed to Enter the field per team. They **MUST WEAR** a mask/face covering from the time they leave their car at the beginning of the practice to the time they return to their car at the end of the practice. **NO** other Parents/Spectators are allowed to Enter the field. They must either wait outside the fence or in their vehicles.
- **U12 and Younger Travel Teams** - A maximum of (1) parent/guardian per player is allowed on the field for teams who are U12 and younger. A mask/face covering **MUST BE WORN** from the time the parent/guardian leaves their car at the beginning of the session to the time they return to their car at the end of the session.
- **Intramural Groups** - A maximum of (2) parents/guardians per player are allowed on the field for Club's running Intramural Programs at this field (please limit sibling access whenever possible). A mask/face covering **MUST BE WORN** from the time the parent/guardian leaves their car at the beginning of the session to the time they return to their car at the end of the session.

Practice Protocols: iPark

Member Club Responsibilities - Each Member Club is responsible for all participants from their Club using this facility and must ensure that their Club abides by these SAC Protocols for field use as well as all state and local guidelines. Recommendation by SAC is to have at least (1) responsible adult per team available at the field to ensure that all players/coaches abide by these protocols.

Entering/Exiting the Fields

- Use the **entrance next to Field #2 (inner "L") to enter the field** and the **entrance on the East side of Field #1 to leave the field.**

Player/Coach/Trainer Field Access

- **When to Access the Field** - No Player is to access the field until 10 minutes before the start time of their practice.
- **Mask/Face Covering**
 - **Entering the Field** - A mask/face covering **MUST BE WORN** from the time the Player/Coach/Trainer exits their vehicle at the beginning of practice until they reach their designated practice location at the field (as determined by their Team's Trainer/Coach).
 - **Exiting the Field** - A mask/face covering **MUST BE WORN** from the time the Player/Coach/Trainer leaves their designated practice location at the end of practice until they enter their vehicle

Parents/Spectator Field Access

- **U13 and Older Travel Teams** - A maximum of (2) Parent Volunteers/Team Managers are allowed to Enter the field per team. They **MUST WEAR** a mask/face covering from the time they leave their car at the beginning of the practice to the time they return to their car at the end of the practice. **NO** other Parents/Spectators are allowed to Enter the field. They must either wait outside the fence or in their vehicles.
- **U12 and Younger Travel Teams** - A maximum of (1) parent/guardian per player is allowed on the field for teams who are U12 and younger. A mask/face covering **MUST BE WORN** from the time the parent/guardian leaves their car at the beginning of the session to the time they return to their car at the end of the session.
- **Intramural Groups** - A maximum of (2) parents/guardians per player are allowed on the field for Club's running Intramural Programs at this field (please limit sibling access whenever possible). A mask/face covering **MUST BE WORN** from the time the parent/guardian leaves their car at the beginning of the session to the time they return to their car at the end of the session.

Practice Protocols: Tully Park

Member Club Responsibilities - Each Member Club is responsible for all participants from their Club using this facility and must ensure that their Club abides by these SAC Protocols for field use as well as all state and local guidelines. Recommendation by SAC is to have at least (1) responsible adult per team available at the field to ensure that all players/coaches abide by these protocols.

Entering/Exiting the Fields

- Use the **main gate entrance next to the parking lot and stay on the right side when entering/exiting.**

Player/Coach/Trainer Field Access

- **When to Access the Field** - No Player is to access the field until 10 minutes before the start time of their practice.
- **Mask/Face Covering**
 - **Entering the Field** - A mask/face covering **MUST BE WORN** from the time the Player/Coach/Trainer exits their vehicle at the beginning of practice until they reach their designated practice location at the field (as determined by their Team's Trainer/Coach).
 - **Exiting the Field** - A mask/face covering **MUST BE WORN** from the time the Player/Coach/Trainer leaves their designated practice location at the end of practice until they enter their vehicle

Parents/Spectator Field Access

- **U13 and Older Travel Teams** - A maximum of (2) Parent Volunteers/Team Managers are allowed to Enter the field per team. They **MUST WEAR** a mask/face covering from the time they leave their car at the beginning of the practice to the time they return to their car at the end of the practice. **NO** parents/spectators are allowed inside the fence surrounding the track. They must either wait in their vehicles or in the bleachers.
- **U12 and Younger Travel Teams** - **NO** parents/spectators are allowed inside the fence surrounding the track. All parents/spectators must either wait in their vehicles or in the bleachers.
- **Intramural Groups** - A maximum of (2) parents/guardians per player are allowed on the field for Club's running Intramural Programs at this field (please limit sibling access whenever possible). A mask/face covering **MUST BE WORN** from the time the parent/guardian leaves their car at the beginning of the session to the time they return to their car at the end of the session.

REFERENCE SOURCES

CDC

- <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>
- <https://www.cdc.gov/coronavirus/2019-ncov/downloads/php/CDC-Activities-Initiatives-for-COVID-19-Response.pdf>

NY STATE REOPENING GUIDE

- <https://www.governor.ny.gov/sites/governor.ny.gov/files/atoms/files/SportsAndRecreationSummaryGuidance.pdf>

EASTERN NEW YORK SOCCER

- http://www.ensoccer.com/about/return_to_play_announcement/

US SOCCER

- <https://mail.google.com/mail/u/0/?tab=rm&ogbl#inbox/FMfcgxwHNgcZLLvxbtdLNcsgnjRtlKld?projector=1&messagePartId=0.1>