

COVID-19 Preparedness Plan for St. Francis Basketball Association

St. Francis Basketball Association (SFBA) is committed to providing a safe and healthy environment for all our players, coaches, parents, and spectators (collectively, these persons are referred to as “Supporters”). To ensure we have a safe and healthy environment, SFBA has developed the following COVID-19 Preparedness Plan in response to the COVID-19 pandemic.

SFBA’s COVID-19 Preparedness Plan follows the industry guidance developed by the state of Minnesota, available at the Stay Safe Minnesota website (<https://staysafe.mn.gov>), which is based upon Centers for Disease Control and Prevention (CDC) and Minnesota Department of Health (MDH) guidelines for COVID-19, and Minnesota’s relevant and current executive orders. It addresses:

- hygiene and respiratory etiquette;
- administrative controls for social distancing;
- cleaning and disinfecting, and decontamination;
- identification and isolation of sick persons; and
- communications, training, and enforcement.

Screening and policies for persons exhibiting symptoms of COVID-19

The following policies and procedures are being implemented to assess the health status of SFBA Supporters prior to entering any St. Francis Area Schools (SFAS) facility or SFBA event and for Supporters to report when they are sick or experiencing symptoms.

- All SFBA Supporters must self-screen themselves and players for whom they are responsible for signs and symptoms of COVID-19 before the Supporter comes to a SFAS facility or SFBA event, including but not limited to practices and games.
- If a Supporter has symptoms of COVID-19, that person should not come to any SFAS facility or SFBA event;
 - in the case of a player absence due to COVID-19 symptoms, the parent should report the reason for the absence to the player’s coach; and
 - in the case of a coach absence due to COVID-19 symptoms, the coach should report the reason for the absence to a member of the board of directors;
- If a Supporter exhibits COVID-19 symptoms while at a SFAS facility or SFBA event, they will be asked to immediately leave the facility; if it’s a youth player, the parents will be contacted and asked to pick up the player; the player shall be isolated at the facility with adult supervision until such time as they can be picked up.
 - According to the CDC, COVID-19 symptoms include cough, fever, chills, muscle pain, shortness of breath or difficulty breathing, sore throat, and new loss of taste or smell.
- If a Supporter or someone that resides with a Supporter tests positive for COVID-19 and has been at a SFAS facility or SFBA event within 10 days of getting the test result, the Supporter must report the

positive test to the Minnesota Department of Health (MDH) and to a member of the board of directors within 24 hours and cooperate with contact tracing efforts by the MDH.

- The Supporter and members of the Supporter's household may not attend SFBA events until they have met the applicable CDC guidance. <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html>
- St. Francis Basketball Association will cooperate and comply with all directives of the MDH in the event of a confirmed case.

Social distancing

Social distancing (also referred to as "physical distancing") of at least six feet will be implemented and maintained between SFBA Supporters at all SFAS facilities and SFBA events through the following engineering and administrative controls:

- The manner of physical distancing of players, coaches, and spectators in practices and games will be set by the state guidelines.
- Coaches will keep track of attendance for contact tracing purposes and ensure the attendance for each event is complete and accurate in case it is needed for contract tracing purposes. Contact information for all Supporters will be maintained by the SFBA Board of Directors.
- Practices – Pod sizes will not exceed 25 people per pod. Pod count is composed of players and coaches. Spectators will not be allowed at SFBA Practice events to avoid crowding.
- To the extent possible, SFBA practice times will be staggered by at least 10 minutes to minimize overlap between pick-up and drop-off.
 - Players and coaches should arrive to practice shortly before the scheduled start and leave promptly at the end of practice.
 - Parents must know when their players will be ready for pick-up, which should be orderly and efficient.
 - A coach will meet players at the door and direct them to the gym to ensure they are not entering other areas of the building. Coaches will exit the building with their team to ensure social distancing is maintained and that all players safely exit the building.
- To minimize the size of gatherings around the gyms, SFBA families will be allowed no more than two spectators per player at games (or less depending on the rules of a particular venue).
- For games hosted by SFBA, and to the extent possible, game times will be staggered by at least 10 minutes to minimize overlap of Supporters between games and to ensure proper disinfecting has been completed.
 - Parents/spectators shall keep 6 feet of physical distance from non-family members at all times.
 - Postgame team meetings are not permitted in the gym; players and spectators must leave the facility promptly after games.
 - After a game, coaches work to (1) clean/disinfect basketballs and equipment, and (2) manage player pick-up.
 - Prior to the start of the next game, SFBA Supporters and Volunteers will ensure disinfecting has been completed and manage player warm-up.

Hygiene and respiratory etiquette

Basic infection prevention measures are being implemented. SFBA Basketball Supporters are instructed to wash their hands for at least 20 seconds with soap and water frequently throughout the day, but especially prior to entering a SFAS facility or attending a SFBA event. In addition, SFBA is implementing the following policies and procedures:

- At SFBA events, the primary hand cleaning method will be the use of hand sanitizer, which will be provided by SFBA to the coach of each team for use. We strongly recommend Supporters also provide their own sanitizer.
- During scheduled game times, hosted by SFBA at SFAS facilities, restrooms will remain open with soap for handwashing. Restroom use is limited to three persons at a time. Hand sanitizer will also be available.
- Designated coaches from each team will be responsible for reminding players (more frequently with younger players) to use sanitizer regularly and in an organized fashion.

SFBA Supporters are being instructed to cover their mouth and nose with their sleeve or a tissue when coughing or sneezing, and to avoid touching their face, particularly their mouth, nose and eyes, with their hands. Supporters are expected to dispose of tissues in provided trash receptacles and wash or sanitize their hands immediately afterward. In addition, SFBA is implementing the following policies and procedures:

- In support of the statewide mandate, SFBA requires the use of masks for all parents and spectators in public indoor settings, unless exempt according to the state guidelines. If exempt, please provide supportive documentation to the Board President.
- The mask must cover the nose and mouth completely.
- All coaches, players, workers, and referees are required to wear a mask at all times in SFAS facilities and at SFBA events. Referees and players may remove masks when on the court. Players and coaches on the bench must wear a mask.
- Supporters will be expected to comply with state guidelines to the extent they require or recommend masks.

Cleaning and disinfection of surfaces

Appropriate and effective cleaning and disinfecting supplies will be purchased and available for use in accordance with product labels. Regular housekeeping practices are being implemented, including routine cleaning and disinfecting of equipment. In addition, SFBA is implementing the following policies and procedures:

- Coaches will have sanitizer or a disinfectant solution to disinfect surfaces before, during, and after practices and games.
- Parents are encouraged to send sanitizer with their player for individual use to sanitize their own equipment.
- Sanitizing of the balls for play in practice or games will be set by the state guidelines.

- During scheduled game times hosted by SFBA at SFAS facilities, restrooms will remain open with soap for hand washing.

Communications, training, and enforcement

The SFBA COVID-19 Preparedness Plan will be communicated to all SFBA Basketball Supporters and training will be provided to all coaches and board members as follows:

- The Plan, along with any supplemental rules, will be available for each coach.
- Frequent email communication regarding the Plan will be sent to Supporters.
- The Plan will be posted on the SFBA website.
- Board members will be trained on the Plan and they will then host coach trainings that will be mandatory for coach participation.
- SFBA will provide a complete list of names and contact information for participants to SFAS Facility Scheduling Manager prior to the use of any facilities.

Members of the Board of Directors, coaches, and parents, are all responsible for implementing and complying with this Plan and the Industry Guidance. Our goal is to minimize the potential for transmission of COVID-19 in our environment and communities, and that requires full cooperation. The Board will be monitoring compliance with the Plan and coaches or other Supporters who intentionally disregard or repeatedly fail to adhere to the Plan will be subject to discipline, including but not limited to preclusion from participating in or attending SFBA events.

The COVID-19 Preparedness Plan has been approved by the SFBA Board of Directors and will be posted on the SFBA website. It will be updated as necessary.

Appendix A – Guidance for developing a COVID-19 Preparedness Plan

General

Centers for Disease Control and Prevention (CDC): Coronavirus (COVID-19) – www.cdc.gov/coronavirus/2019-nCoV

Minnesota Department of Health (MDH): Coronavirus – www.health.state.mn.us/diseases/coronavirus

State of Minnesota: COVID-19 response – <https://mn.gov/covid19>

Businesses

CDC: Resources for businesses and employers – www.cdc.gov/coronavirus/2019-ncov/community/organizations/businesses-employers.html

CDC: General business frequently asked questions – www.cdc.gov/coronavirus/2019-ncov/community/general-business-faq.html

CDC: Building/business ventilation – www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html

MDH: Businesses and employers: COVID-19 – www.health.state.mn.us/diseases/coronavirus/businesses.html

MDH: Health screening checklist – www.health.state.mn.us/diseases/coronavirus/facilityhlthscreen.pdf

MDH: Materials for businesses and employers – www.health.state.mn.us/diseases/coronavirus/materials

Minnesota Department of Employment and Economic Development (DEED): COVID-19 information and resources – <https://mn.gov/deed/newscenter/covid/>

Minnesota Department of Labor and Industry (DLI): Updates related to COVID-19 – www.dli.mn.gov/updates

Federal OSHA – www.osha.gov

Handwashing

MDH: Handwashing video translated into multiple languages – www.youtube.com/watch?v=LdQuPGVcceg

Respiratory etiquette: Cover your cough or sneeze

CDC: www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html

CDC: www.cdc.gov/healthywater/hygiene/etiquette/coughing_sneezing.html

MDH: www.health.state.mn.us/diseases/coronavirus/prevention.html

Social distancing

CDC: www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html

MDH: www.health.state.mn.us/diseases/coronavirus/businesses.html

Housekeeping

CDC: www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html

CDC: www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/disinfecting-your-home.html

CDC: www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html

Environmental Protection Agency (EPA): www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2

Employees exhibiting signs and symptoms of COVID-19

CDC: www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html

MDH: www.health.state.mn.us/diseases/coronavirus/basics.html

MDH: www.health.state.mn.us/diseases/coronavirus/facilityhlthscreen.pdf

MDH: www.health.state.mn.us/diseases/coronavirus/returntowork.pdf

State of Minnesota: <https://mn.gov/covid19/for-minnesotans/if-sick/get-tested/index.jsp>

Training

CDC: www.cdc.gov/coronavirus/2019-ncov/community/guidance-small-business.html

Federal OSHA: www.osha.gov/Publications/OSHA3990.pdf

MDH: www.health.state.mn.us/diseases/coronavirus/about.pdf