



- Parents are required to monitor their own, as well as their children's health prior to entering the arena utilizing the State of Minnesota Health Screening Checklist. If you answer yes to any question, stay home and follow the MDH guidelines and recommendations. **If you or anyone in the household has a pending Covid test, everyone in the household should stay home until results are known and given direction from BAHA Covid committee.**
 - MDH COVID webpage can be found here
<https://www.health.state.mn.us/diseases/coronavirus/index.html>
 - Minnesota Health Screening Checklist link can be found here.
<https://www.health.state.mn.us/diseases/coronavirus/facilityhlthscreen.pdf>
 - The MDH decision tree link is here as well to help answer questions you may have.
 - <https://www.health.state.mn.us/diseases/coronavirus/schools/exguide.pdf>
 - BAHA Covid resource page
<https://www.brainerdhockey.com/page/show/5987744-covid>
- Symptoms include fever of 100.4 or higher, chills, new cough, shortness of breath, new sore throat, new muscle aches, new headache, new loss of smell or taste.
- Social distancing guidelines will be adhered to while in the arena.
- **Everyone in the building is required to wear a mask per the State of Minnesota mandate.**
- Players must wear a mask at all times.
- Coaches must wear masks at all times.
- Players are not allowed in the rink MORE THAN 10 Minutes before start of on-ice activity. If you arrive earlier, you'll be required to wait outside.
- Players must arrive fully dressed with the exception of skates and helmet. (coming into the arena with skate guards on is ideal)
- Hockey bags are not allowed in the arena. Small bags such as small backpacks, drawstring type cinch bags or the reusable grocery bag types are allowed as well as a small bag for coaches to carry coaching gear.
- Goalies are allowed entry 15 minutes prior to the scheduled ice time. They must arrive dressed as much as possible.
- Locker room space is not permitted at this time.
- Players must bring their own water bottle filled at home. Please make sure it is clearly marked with the player's name on it. Anything left over after the ice session will be thrown away. Water fountains are turned off inside the arena per MDH.
- We will be utilizing as many as possible station-based practices which are acceptable for social distancing standards.
- Aside from accessing water bottles, player benches should be avoided except for games.
- Players should not leave the ice during practice unless absolutely necessary. If players are feeling ill, they need to inform a coach immediately so precautions can be taken.

- No on or off ice interaction (socializing, kick-off parties, team bonding etc.) should occur following the conclusion of practice. Players should remove skates and helmets and must leave the premises as soon as possible at the end of practice in under 10 minutes. In reality, this should take no more than 5 minutes.
- 6:00am practice breakfasts will be grab and go only if at all, players will not linger at the arena to eat breakfast. Showers will be avoided. Only exceptions will be families that live a great distance from the arena and necessary as they are heading straight to in person learning at school. Contact Executive Director and Arena Manager if this relates to your family situation and they will help make arrangements if deemed necessary.
- Game workers – only two workers will be used for home games. These should be from the same household whenever possible. Masks are required and social distancing should be followed as much as possible.
- Only 3 coaches are allowed on the bench during games and masks are mandatory.
- Dryland or Off-ice training is not allowed in the arena until further notice. We have established a new virtual dryland training program which can be found on our website.

Spectators:

For the Regular Season (winter) hockey program, the following spectator rules will be in place:

For Practices:

1. 1 spectator per player is allowed for the Mite/Mini-Mite/8U/6U levels. Spectators are not allowed at the other levels to help avoid crowding the players and to help accomplish social distancing since locker rooms are not allowed. Siblings that cannot stay home alone are allowed but if alternative arrangements can be made that is preferable. Siblings must remain next to parent/guardian if at the arena.

For Games:

1. 2 spectators are allowed per player on the team. Siblings are allowed only if they cannot be left home alone.
2. Parents should not enter the arena until right before game time and must leave the arena immediately following the game.
3. There will be no gathering in the lobbies to wait for players to come out.
4. Home game workers doing the book/clock/penalty boxes count towards the 2 per family limit.
5. For BAHA families, there will be entry passes handed out to families that will need to be shown at entry to home games. Visiting teams will need to monitor their own family's entry and limits.
6. Home tournaments will have sign in sheets for all teams per game for spectators to log entry.

MASKS ARE REQUIRED TO BE WORN BY SPECTATORS AT ALL TIMES. IF YOU HAVE A MEDICAL CONDITION, BE PREPARED TO SHOW PROOF FROM YOUR LICENSED MEDICAL PHYSICIAN

These are in effect at the Essentia Health Sports Center for our home games. Road games may have their own rules we must follow. Team managers should contact away arenas ahead of travel to obtain their Covid protocols and arena rules.

BAHA has established a committee to deal specifically with COVID protocols and follow up in the event we are informed of a positive case in our program. The page can be found here -->

<https://www.brainerdhockey.com/page/show/5987744-covid>

We will follow all guidelines set forth by the county and state health agencies should we be informed of a positive case. MN Hockey has established the guidelines for a positive case as outlined here: <https://www.minnesotahockey.org/covid19>

Should other guidelines be updated or implemented, we will update our protocols.

The Essentia Health Sports Center will be routinely cleaning and disinfecting high traffic and high touch areas. Entrance into and exiting from the arena will be marked and needs to be followed. Any other arena guidelines and procedures will be enforced by BAHA and arena staff.

Skate sharpening is available at the arena still and is best to utilize the drop off and pick up next day option. Ask arena manager for details.

The Essentia Health Sports Center will work directly with the Brainerd Amateur Hockey Association to update and circulate any additional information as it changes. BAHA will be responsible for educating the coaches regarding their responsibilities during the pandemic.

These procedures are consistent with Minnesota Hockey Return To Play Guidelines: Phase 5