



**Prior Lake High School
Girls Swim & Dive Team
Weekly Update**



MARK YOUR CALENDARS

(Remember to ALWAYS have a water bottle at practices!)

MONDAY – September 9, 2019

DRYLAND: 3:30pm-4:30pm

Bring ALL Dryland Attire (shorts/T-shirts/Sneakers etc.)

Practice (Swim & Dive): 4:30pm-6:15pm @HOMS

TUESDAY – September 10, 2019

Practice (swim & dive): 3:30pm-6:15pm @HOMS

DRYLAND: NO Dryland

WEDNESDAY – September 11, 2019

DRYLAND: 3:30pm-4:30pm

Bring ALL Dryland Attire (shorts/T-shirts/Sneakers etc.)

Practice (Swim & Dive): 4:30pm-6:15pm @HOMS

THURSDAY – September 12, 2019

SWIM MEET vs. Lakeville South @HOMS 1st Home Meet of the 2019 Season!!!

ALL ATHLETES MUST BE ON THE POOL DECK NO LATER THAN 4:00PM

FRIDAY – September 13, 2019

Practice (Swim & Dive): 3:30pm-6:15pm @HOMS

SATURDAY – September 14, 2019

Practice (Swim & Dive): 8:00am-10:30am

LAKERS



Prior Lake High School Girls Swim & Dive Team Weekly Update



[FB Athletes](#)



[FB Parents](#)



[PLHS Activities Website](#)



[Email](#)



Announcements from Coach Katie

1. **ATHLETES OF THE MEET:** Each meet the Captains choose ‘Athletes of the Meet’ – These are chosen based on performance, attitude and leadership shown at that meet – the Athletes of the meet vs. Apple Valley are Olivia Arias, Marissa Broughten, Becca Hafferman & Sarah McDonald – ‘Athletes of the Meet’ for the Prior Lake Invite are Kaia Gastony, Ella Mackin & Hannah Quan
2. **Religion Classes:** If your daughter needs to leave practice early on Wednesday’s for Religion Classes please email me at katiehaycraft@gmail.com to let me know
3. **College Vists/Tours:** If your daughter needs to leave practice early or miss a scheduled practice for college visits and/or tours please email me at katiehaycraft@gmail.com to let me know
4. **TEAM FEES:** Please make sure you have paid **ALL** of your team fees as well as swim cap fees. The Booster Club **NEEDS** to get all fees turned in ASAP.
5. **SCHOOL ABSENCES:** As we head into the school year please make sure you are keeping me informed if you child will be out of school for ANY reason. As a reminder – IF they miss school they are NOT allowed to practice or participate in a meet. This is **SCHOOL POLICY**. The earlier you can let me know of an absence the better – please email me personally at this email: katiehaycraft@gmail.com to let me know of **ANY** absence.

LAKERS



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Athletes of The Meet

Prior Lake Vs. Apple Valley
09/05/2019



LAKERS



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Athletes of The Meet

2019 Prior Lake Invite

09/08/2019



LAKERS



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THANK YOU

Thank you to all of our families who have volunteered their time to make the 2019 Prior Lake Invite a success!!

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2019 Prior Lake Invite

[2019 Prior Lake Invite](#)

Thank you to Troy Bauer & Michael Lein for taking amazing photos! We are lucky to have such amazing people to capture these moments!!





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Prior Lake vs Lakeville South Sign Up Genius

[Prior Lake Vs Lakeville South \(HOME\) 09/12/2019](#)



We have a HASHTAG

When posting photos or any communication about PL Girls Swim & Dive on Instagram, Twitter, Facebook etc. please include the hashtag

#PLSWIMFAM

- If you would like to be removed from the Girls Swim & Dive communications for 2018-2019 season please click unsubscribe HERE: [UNSUBSCRIBE](#)
- [Update Subscription Preferences](#)
- **Our mailing address is:**
Prior Lake Girls Swimming and Diving
7575 150th Street Savage, MN 55378
- *Copyright © 2019 Prior Lake Girls Swimming and Diving, All rights reserved.*
You are receiving this email because you either gave your email address to our communications coordinator or signed up on our website

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