

The Holiday Hockey Program is designed to help squirts and peewees learn new skills, eliminate bad habits, and fine tune existing talents in a friendly and athletic environment.

**2 Full Days for \$200 at the
Palmer MTA Ice Arena**

Daily Schedule

8:30AM-10:00AM - ON ICE

10:15AM-11:30AM - OFF ICE TRAINING

11:30AM-12:30PM - LUNCH (NOT PROVIDED)

12:30PM-2:00PM - OFF ICE/CLASSROOM

2:15PM-3:45PM - ON ICE

4:00PM - PICK UP

FAMILY DISCOUNTS AVAILABLE

Multiply family members 10% off total cost

Mail Check (payable to Eric Troisi),
Registration and USA Hockey Waiver
(back of form) to:

Eric Troisi

**8411 East Wolf Creek Rd
Wasilla, Alaska 99654
354-7131 / 373-1554**

OPEN TO SQUIRTS & PEEWEES

*** Player level is for the 2018-2019 season**

ON ICE ACTIVITIES

- ✓ Edge Work
- ✓ Puck Control
- ✓ Small Games
- ✓ Competitive Situations
- ✓ Goal Scoring

OFF - ICE ACTIVITIES

- ✓ Puck Shooting
- ✓ Plyometrics
- ✓ Agility Skills
- ✓ Sprints
- ✓ Stickhandling



HOLIDAY HOCKEY CAMP WITH COACH TROISI

DECEMBER 27TH & 28TH

This program provides
direct on & off ice
instruction in skating,
stickhandling, passing,
puck protection, small
area games, and
scrimmages.

Spring Hockey Program Registration

Players Name

Players DOB

Age

Parents Name(s)

Address

Email

Phone

***Please mail the Registration,
Waiver and \$200.00 to :***

**Eric Troisi
8411 East Wolf
Creek Rd.
Wasilla, Alaska 99654**

USA Hockey Waiver

PLEASE READ BEFORE SIGNING

Medical Release

In the event my child is injured during the absence of a parent or legal guardian, I give my permission for the person in charge to seek medical attention for my child.

Release of Liability and Acknowledgment of Risk

Upon entering events sponsored by USA Hockey and/or its member districts, I /we agree to abide by the rules of USA Hockey as currently published. I/we understand and appreciate that participation or observation of sport constitutes a risk to me/us of serious injury. I/we voluntarily and knowingly recognize, accept, and assume this risk and release USA Hockey, its affiliates, their sponsors, event organizers and officials from any liability thereof.

Participant Signature

Date

Parent or Legal Guardian Signature