

Fond du Lac High School Wrestling



2018-2019

IT IS MORE THAN ONE INDIVIDUAL THAT MAKES A WINNER.

-DAN GABLE

Stay updated on:

www.fonddulacwrestling.com

Or follow **fondywrestling** on Instagram!



2018-2019 Fond du Lac Wrestling
Accomplishments

Summer 2018

- Middle School Programs Return
- Communication via Remind App
- 1st Annual Fond du Lac Folkstyle Camp with Nazar Kulchytskyy
- Ohio "Jordan Trained" Team Camp
- New High School Coaching Staff: Halter, Rosencrans, Williams, Lakey, Adams
- New Practice Room Mat Purchased
- New Mat Cleaning Equipment for High School Purchased
- New High School Warm-Ups Purchased
- Program Schedules Revamped and Finalized
- Fond du Lac Wrestling Instagram and Facebook Page Level Up

Fall 2018

- High School Journalism Teacher Creates Media Guides
- Raised Money through Oshkosh Home Move
- Raised Money at 5 Packer Games
- Raised Money Setting Up for Judo Tournaments
- Raised Money Through Snap Raise
- Attended UW-Oshkosh Dual
- New High School Announcer: Pat Osowski
- Season Record Board Purchased for High School
- Teacher Appreciation Night - Parent Night
- Middle School Coaches: Munoz, Eigenbrodt, and Evers
- Middle School Warm-ups and Headgear Purchased

Winter 2018-2019

- Youth/Senior Night
- Hosted Fond du Lac Cardinal Invitational
- High School Wrestlers Help Run K-2 Program
- Hosted FVA Conference Tournament
- High School: Six Sectional Qualifiers, Two State Qualifiers
- Competition Mat Purchased and Displayed on State Tournament Floor
- Attended Badger Dual
- Updated Website and Records
- Youth: Three State Qualifiers

Spring 2019

- Greco-Freestyle with Coach Adams
- Team T-shirts
- K-12 Award Night at Ledgeview

2018-2019 TEAM RESULTS

Fox Valley Association Conference Final Results

	Dual Points	Conf Meet Points	Total Points
1. Kaukauna	13.5	10	23.5
2. Oshkosh West	12	9	21
3. Kimberly	9	7	16
4. Neenah	9	6	15
5. Hortonville	6	8	14
6. Appleton North	7.5	5	12.5
7. Fond du Lac	6	4	10
8. Oshkosh North	3	3	6
9. Appleton West	1.5	2	3.5
10. Appleton East	0	1	1

FVA DUAL Results

11/ 29	Fond du Lac 40	@	Oshkosh North	33	W	1-0
12/6	Hortonville 18	@	Fond du Lac	57	W	2-0
12/13	Fond du Lac 59	@	Appleton West	15	W	3-0
12/20	Kimberly 44	@	Fond du Lac	33	L	3-1
1/3	Fond du Lac 18	@	Oshkosh West	51	L	3-2
1/10	Fond du Lac 24	vs.	Neenah	48	L	3-3
	Fond du Lac 9	vs.	Kaukauna	65	L	3-4
1/17	Fond du Lac 72	@	Appleton East	7	W	4-4
1/24	Fond du Lac 25	vs.	Appleton North	49	L	4-5

Conference Dual Record: **4-5**

Overall Dual Record: **7-11**

All-Conference Awards

2nd Team

Issac Ortegon 138

Braelon Allen 182

Joe Schmitz 285

HM

Josiah Streblow 152

Sectional Qualifiers

Mikey Streblow 113

Issac Ortegon 138

Logan Naker 145

Josiah Streblow 152

Braelon Allen 182

Joe Schmitz 285

State Qualifiers

Issac Ortegon 138

Braelon Allen 182

Varsity Tournament Results

12/8 **Devils Duals @ WI Dells** *2nd out of 16 teams in Consolation Bracket*

Fond du Lac 16	vs.	Hudson	53	L
Fond du Lac 46	vs.	Reedsburg	30	W
Fond du Lac 49	vs.	Viroqua	27	W
Fond du Lac 42	vs.	Whitnall	33	W
Fond du Lac 39	vs.	Cumberland	40	L

12/15 **Fond du Lac Cardinal Invitational** *7th place out of 22 teams*

*126 Tristan Lakey 7th, 132 Andrew Nehls 8th, 145 Issac Ortegon 6th,
160 Josiah Streblow 4th, 182 Braelon Allen 2nd, 195 Austin Baatz 2nd*

12/28-12/19 **Oshkosh On The Water** *14th place out of 67 teams*

*126 Tristan Lakey 10th, 138 Issac Ortegon 12th, 145 Logan Naker 10th,
152 Josiah Streblow 10th, 182 Braelon Allen 6th, 195 Austin Baatz 11th*

1/12 **Campbellsport Duals**

Fond du Lac 15	vs.	Random Lake	59	L
Fond du Lac 35	vs.	Slinger (VR)	36	L
Fond du Lac 9	vs.	Slinger	69	L
Fond du Lac 24	vs.	Campbellsport	58	L

1/18 **Highlander Invitational - Homestead** *10th out of 26 teams*

*126 Tristan Lakey 3rd, 145 Issac Ortegon 1st, 152 Josiah Streblow 4th,
182 Braelon Allen 2nd, 195 Austin Baatz 4th*

2/2 **FVA Conference Tournament @ FHS** *7th out of 10 teams*

*126 Tristan Lakey 4th, 138 Issac Ortegon 2nd, 145 Logan Naker 4th,
152 Josiah Streblow 3rd, 182 Braelon Allen 2nd, 195 Austin Baatz 4th,
285 Joe Schmitz 3rd*

2/9 **WIAA Regional Tournament @ Oshkosh North** *4th out of 8 teams*
113 Mikey Streblow 2nd, 138 Issac Ortegon 1st, 145 Logan Naker 2nd,
152 Josiah Streblow 2nd, 182 Braelon Allen 1st, 285 Joe Schmitz 4th

2/16 **WIAA Sectional Tournament @ Hartford**
113 Mikey Streblow 4th, 138 Issac Ortegon 1st, 152 Josiah Streblow 3rd,
182 Braelon Allen 2nd, 285 Joe Schmitz 4th

2/21-2/23 **WIAA Individual State Tournament**
138 Issac Ortegon, 182 Braelon Allen

Fond du Lac Girl's Wrestling

Aimee McNabb	1998				
Stephany Ingersol	2008-2010				
Tiffany Masters	2008-2010				
Aaliyah Llanos	2018-2019	JV	0-6	Varsity	3-4

Varsity Season/Career Records

Name	9	10	11	12	Total
Baatz, Austin	5-22	12-21	26-15	26-16	69-74
Llanos, Aaliyah				3-4	3-4
MacDonald, Tristan		JV		1-12	1-12
Naker, Logan	13-23	11-20	24-18	22-13	70-74
Petrie, Jacob		JV	10-13	19-16	29-29
Forsberg, Tristan	JV	JV			0-0
Lakey, Tristan	20-11	32-13			52-24
Lefeber, Mathias	1-2	4-6			5-8
Ortegon, Issac	29-11	35-7			64-18
Schmieder, Mason	JV	JV			0-0
Schmitz, Joey	7-17	21-18			28-35
Streblow, Josiah	20-21	33-15			53-36
Waldo, Nick	JV	1-3			1-3
Allen, Braelon	37-6				37-6
Rauch, Xavier	4-9				4-9
Santana, Dante	8-9				8-9
Streblow, Mikey	13-22				13-22

Team Awards

Most Takedowns	-	Issac Ortegon	87
Most Falls	-	Josiah Streblow	24
Most Wins	-	Braelon Allen	37
Cardinal Award	-	Mathias Lefeber	
Most Improved Wrestler	-	Joe Schmitz	
Most Valuable Wrestler	-	Issac Ortegon	
Coach's Choice Award	-	Jacob Petrie & Austin Baatz	

2018-2019 Wrestlers of the Week

Week 1 - **Joey Schmitz** (Following Oshkosh North)

***Fighting off of back, showing a lot of heart, 6-minute match to win big, practicing hard.

Week 2 - **Tristan Lakey** (Following Dells Duals)

***Working to weigh-in @ 126, never complaining about bumping back and forth between weights, putting the TEAM FIRST, seeking the best matchups for the TEAM.

Week 3 - **Austin Baatz & Braelon Allen** (Following FDL Cardinal Invite)

***Seeded 5th and 7th yet finished 2nd place, worked way into the State Rankings

Week 4 - **Jacob Petrie** (Following Oshkosh On The Water)

***Worked every second of every match, lost to the 4th and 5th place wrestlers by minor decisions, kept matches close even when outskilled, worked smart and hard!

Week 5 - **Mikey Streblow** (Following Osh West)

***Mikey wrestled the third ranked wrestler in the State and held it to a minor decision (14-7), has been wrestling heavier teammates in practice to improve.

Week 6 - **Issac Ortegon** (Following Campbellsport Duals)

***Bouncing back from injury, hard work in the room even when not 100%, defeated Diener (Ranked HM from Kaukauna) and Tonsor-Heesen (Ranked 6th from Slinger)

Week 7 - **Braelon Allen** (Following Highlander Inv.)

***Defeated two of three ranked opponents at the Highlander, including the third ranked Jacob Zupke of Homestead. Earned his new ranking of 3rd in D1 at 182.

Week 8 - **Jacob Petrie** (Following Appleton North)

***Fought hard to come back from a big deficit and get the pin against AN. Always fighting to win.

Week 9 - **Tristan Lakey** (Following Conference Tournament)

***Defeated Cade Schmitz (Oshkosh North) ranked HM who defeated him in the first match of the season, lost by 2 to Logan Stumpf (Kaukauna) ranked HM, and lost by 1 to Drake Hayward (Neeah) ranked 10th. Kept his composure throughout and gave each match all he had.

Week 10 - None (Following Regionals)

Week 11 - **Issac Ortegon** (Following Sectionals)

***Defeated Slinger for the third straight time to win a Sectional Title!

Week 12 - **Issac Ortegon & Braelon Allen** (State)

***Our two State Qualifiers who learned a lot down in Madison and will be ready to be on the podium next season!

Fond du Lac Cardinal Wrestling

Individual Records

2018-2019

<u>Weight</u>	<u>Wrestler</u>	<u>Grade</u>	<u>FVA</u>	<u>Reg</u>	<u>Sect</u>	<u>State</u>
106	Aaliyah Llanos	12				
	<i>4th at FVA JV Conference Tournament</i>					
113/120	Mikey Streblov	9	6th	2nd	4th	
	<i>1st at Kimberly JV Tournament</i>					
	<i>6th at FVA Conference Tournament</i>					
	<i>2nd at WIAA Regional</i>					
	<i>4th at WIAA Sectional</i>					
113/120	Dante Santana	10		5th		
	<i>3rd at Devils Duals JV Ind. Tournament</i>					
	<i>7th at JV Cardinal Invite</i>					
	<i>6th at Oakfield Invite</i>					
	<i>4th at FVA JV Conference Tournament</i>					
	<i>5th at WIAA Regional</i>					
126/132	Tristan Lakey	10		4th	5th	
	<i>7th at Cardinal Invite</i>					
	<i>10th at Lourdes OTW Classic</i>					
	<i>3rd at Highlander Invitational</i>					
	<i>1st at Oakfield Invite</i>					
	<i>4th at FVA Conference Tournament</i>					
	<i>5th at WIAA Regional</i>					
126/132	Xavier Rausch	9		6th		
	<i>3rd at Kimberly JV Tournament</i>					
	<i>4th at Devils Duals JV Ind. Tournament</i>					
	<i>8th at JV Cardinal Invite</i>					
	<i>8th at Oakfield Invite</i>					
	<i>4th at FVA JV Conference Tournament</i>					
	<i>6th at WIAA Regional</i>					
132	Tristan Forsberg	10				
	<i>3rd at Kimberly JV Tournament</i>					
	<i>1st at Devils Duals JV Ind. Tournament</i>					
	<i>5th at JV Cardinal Invite</i>					
	<i>2nd at FVA JV Conference Tournament</i>					

132/138	Tristan MacDonald	12				
	<i>6th at Oakfield Invite</i>					
138/145	Issac Ortegon	10	2nd	1st	1st	DNP
	<i>6th at Cardinal Invite</i>					
	<i>12th at Lourdes OTW Classic</i>					
	<i>1st at Highlander Invitational</i>					
	<i>2nd at FVA Conference Tournament</i>					
	<i>1st at WIAA Regional</i>					
	<i>1st at WIAA Sectional</i>					
145/152	Logan Naker	12	4th	2nd		DNP
	<i>10th at Lourdes OTW Classic</i>					
	<i>12th at Highlander Invitational</i>					
	<i>4th at FVA Conference Tournament</i>					
	<i>2nd at WIAA Regional</i>					
152/160	Josiah Streblow	10	3rd	2nd		3rd
	<i>4th at Cardinal Invite</i>					
	<i>10th at Lourdes OTW Classic</i>					
	<i>4th at Highlander Invitational</i>					
	<i>1st at Oakfield Invite</i>					
	<i>3rd at FVA Conference Tournament</i>					
	<i>2nd at WIAA Regional</i>					
	<i>3rd at WIAA Sectional</i>					
152	Mason Schmieder	10				
	<i>3rd at Kimberly JV Tournament</i>					
	<i>4th at Devils Duals JV Ind. Tournament</i>					
	<i>4th at JV Cardinal Invite</i>					
152/160	Mathias Lefeber	10				
	<i>1st at Kimberly JV Tournament</i>					
	<i>4th at Devils Duals JV Ind. Tournament</i>					
	<i>1st at JV Cardinal Invite</i>					
	<i>2nd at Challenge Series Qualifier</i>					
	<i>8th at Challenge Series Finals</i>					
	<i>8th at Oakfield Invite</i>					
170	Jacob Petrie	12	DNP	6th		
	<i>9th at Highlander Invitational</i>					
	<i>6th at WIAA Regional</i>					
170	Nick Waldo	10				
	<i>2nd at Devils Duals JV Ind. Tournament</i>					
	<i>8th at JV Cardinal Invite</i>					

			<i>5th at Challenge Series Qualifier</i>				
182/195	Braelon Allen	9	2nd	1st	2nd	DNP	
			<i>2nd at Cardinal Invite</i>				
			<i>6th at Lourdes OTW Classic</i>				
			<i>2nd at Highlander Invitational</i>				
			<i>1st at Oakfield Invite</i>				
			<i>2nd at FVA Conference Tournament</i>				
			<i>1st at WIAA Regional</i>				
			<i>2nd at WIAA Sectional</i>				
195/220	Austin Baatz	12	4th	5th			
			<i>2nd at Cardinal Invite</i>				
			<i>11th at Lourdes OTW Classic</i>				
			<i>4th at Highlander Invitational</i>				
			<i>4th at FVA Conference Tournament</i>				
			<i>5th at WIAA Regional</i>				
285	Joe Schmitz	10	3rd	4th	4th		
			<i>9th at Highlander Invitational</i>				
			<i>3rd at FVA Conference Tournament</i>				
			<i>4th at WIAA Regional</i>				
			<i>4th at WIAA Sectional</i>				

Fond du Lac Cardinal Wrestling

Varsity Accomplishments

2018-2019

<u>Wt.</u>	<u>Wrestler</u>	<u>Grade</u>	<u>FVA</u>	<u>Season</u>	<u>Career</u>
106	Aaliyah Llanos	12	1-1	3-4	3-4
113	Mikey Streblow	9	4-5	13-22	13-22
113	Dante Santana	10	2-0	8-9	8-9
126	Tristan Lakey	10	6-3	32-13	52-24
126	Xavier Rausch	9	0-0	4-9	4-9
132	Tristan MacDonald	12	0-4	1-12	1-12
138	Issac Ortegon	10	7-1	35-7	64-18
145	Logan Naker	12	6-2	22-13	70-74
152	Josiah Streblow	10	6-3	33-15	53-36
152	Mathias Lefeber	10	1-2	4-6	5-8
170	Jacob Petrie	12	6-3	19-16	29-29
170	Nick Waldo	10	0-0	1-3	1-3
182	Braelon Allen	9	6-0	37-6	37-6
195	Austin Baatz	12	6-3	26-16	69-74
285	Joe Schmitz	10	5-3	21-18	28-35

Fond du Lac Cardinal Wrestling

Mat Stats - Top 10

Most Wins

1. Braelon Allen	37
2. Issac Ortegon	35
3. Josiah Streblow	33
4. Tristan Lakey	32
5. Austin Baatz	26
6. Logan Naker	22
7. Joe Schmitz	21
8. Jacob Petrie	18
9. Mikey Streblow	13
10. Dante Santana	6

Most Near Falls

1. Braelon Allen	84
2. Josiah Streblow	77
3. Logan Naker	75
4. Issac Ortegon	56
5. Tristan Lakey	53
6. Mikey Streblow	29
7. Jacob Petrie	22
8. Austin Baatz	21
9. Joe Schmitz	15
10. Tristan MacDonald	5

Most Pins

1. Josiah Streblow	24
2. Braelon Allen	21
3. Tristan Lakey	20
4. Joe Schmitz	15
5. Austin Baatz	14
6. Issac Ortegon	14
7. Jacob Petrie	12
8. Logan Naker	10
9. Mikey Streblow	10
10. Xavier Rauch	2

Most Reversals

1. Tristan Lakey	23
2. Logan Naker	20
3. Joe Schmitz	15
4. Braelon Allen	9
5. Issac Ortegon	9
6. Jacob Petrie	9
7. Josiah Streblow	9
8. Mikey Streblow	8
9. Austin Baatz	3
10. Xavier Rausch	3

Most Takedowns

1. Issac Ortegon	87
2. Braelon Allen	81
3. Josiah Streblow	61
4. Tristan Lakey	51
5. Austin Baatz	47
6. Logan Naker	42
7. Jacob Petrie	23
8. Mikey Streblow	15
9. Joe Schmitz	13
10. Dante Santana	7

Most Escapes

1. Issac Ortegon	39
2. Jacob Petrie	38
3. Logan Naker	27
4. Josiah Streblow	26
5. Austin Baatz	23
6. Michael Streblow	21
7. Joe Schmitz	18
8. Mathias Lefeber	17
9. Braelon Allen	16
10. Tristan Lakey	13
/Dante Santana	13

Fond du Lac Wrestling's

To-Do List

High School Wrestlers:

- 1) Join the 2019-2020 Team Remind Group (directions on back of this sheet)
- 2) Improve your wrestling by joining Coach Adams for Greco/Freestyle
 - a) Tuesday/Thursday Nights from 7-8:30pm until the first week of May
- 3) Improve your wrestling by attending our June Summer Camp
- 4) Compete for the Fond du Lac Area on June 22 at the Hartford Duals
- 5) Jump in on Fundraising opportunities for new uniforms by next season
- 6) Make sure you are attending Strength and Conditioning at FHS this summer AND sign up for the class for next school year (mandatory)
- 7) Be a three-sport athlete - find fun ways to stay in shape, develop as a well-rounded athlete, and make your school better in all sports.

High School Parents:

- 1) Join the 2019-2020 Team Remind Group (directions on back of this sheet)

ALL Program Members:

- 1) Ask to get involved! We need your help to take this program to the next level!
 - a) Contact Coach Halter at halterm@fonddulac.k12.wi.us for more information on the following areas of need!
- 2) We are looking for:
 - a) More involvement on our wrestling board
 - i) Meets once monthly
 - ii) Looking for people to: fill a Treasury position, take the lead on concessions, take the lead on set-up/tear-down of events, etc.
 - b) Fundraising - To raise money for our wishlist items and areas for growth!
 - i) Judo Tournament Set-up at Riverside
 - ii) Kiwanis Set-up at Walleye Weekend
 - iii) Packer Concessions
 - c) Volunteering for events that we host: Fond du Lac Invite, Fondy Duals, FVA Double Duals, and the WWF Youth Regional