



**NORTHSTAR BASEBALL**  
***INFORMATION GUIDE***



# MISSION

Northstar Baseball Club is committed to delivering the highest standard of player development in the Midwest. Our mission is to prepare serious athletes for collegiate success through elite instruction, comprehensive performance training, and a disciplined, competitive environment.

With an unparalleled coaching pedigree and a development model rooted in professional and high-level collegiate experience, we provide the expertise and structure required to elevate top talent even further.

Northstar serves as a guiding force—helping athletes identify, pursue, and ultimately find their True North.

# HOW IT STARTED

Mike Kvasnicka is the Owner and CEO of Northstar Baseball Club. A former standout at Lakeville North High School and the University of Minnesota, Mike is a two-time MLB Draft selection with six years of professional baseball experience in the Astros and Twins organizations.

Mike brings a rare combination of high-level playing experience, teaching ability, and passion for youth development to Northstar. His focus is on helping players learn the game the right way—developing advanced skills rooted in professional baseball standards while also emphasizing work ethic, accountability, and the life lessons that come through the game. Mike holds a degree in Youth Studies from the University of Minnesota and is deeply committed to creating an environment where players grow not only as athletes, but as people.



**Mike Kvasnicka**  
*Owner - CEO*



- Owner & CEO - Northstar Baseball Club (2023-Present)
- Assistant Coach - University of Minnesota (2023)
- Head Coach - Cretin Derham Hall HS (2020-2022)
- Assistant Coach - University of St. Thomas (2017)
- Co-Founded Northstar Baseball Club (2016)
- St. Paul Saints - Indy (2015)
- Minnesota Twins (2013-2015)
- Houston Astros (2010-2012)
- 2011 South Atlantic League All-Star
- 2010 NY-Penn League Champion (Tri-City Valleycats)
- 33<sup>rd</sup> Overall Selection, 2010 MLB Draft (Houston Astros)
- 2009 & 2010 All-Big 10 Outfielder (Univ. of Minnesota)
- 2009 Northwoods League All-Star
- 2007 31<sup>st</sup> Round Selection by Minnesota Twins
- 2007 Minnesota Gatorade Player of the Year (Baseball)
- 2007 Louisville Slugger Player of the Year (MN)
- 3 Sport All-State Athlete at Lakeville North HS ('05-'07)
- MSHSL Baseball State Champion (2005)

# MEET THE TEAM

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## Kevin Walsh

### *Director of Player Development*

Kevin leads pitching and player development at Northstar Baseball Club with unmatched passion and energy. A native of Magnolia, NJ, he was a standout pitcher at Gloucester County College and the University of Arkansas at Pine Bluff, culminating in his selection in the 2015 MLB Draft.

Kevin combines the latest technology with innovative training methods to maximize pitchers' athletic skills and develop their arsenals to peak potential. His coaching experience spans youth, high school, collegiate, and professional levels, including serving as personal pitching coach to several current MLB and MiLB players.

- Assistant Coach - Eden Prairie HS (2024-Present)
- Assistant Coach - Concordia St. Paul Univ. (2020)
- Graduate Assistant - University of Mary (2019)
- Pitching Coach - Milwaukee Brewers Minor League (2019)
- Southern Illinois Miners - Frontier League - INDY (2016)
- 21<sup>st</sup> Rd Pick in MLB Draft - Philadelphia Phillies (2015)
- Arkansas-Pine Bluff
  - First Team All-SWAC (2015)
  - SWAC Relief Pitcher of the Year (2015)
  - First Team All-SWAC (2014)
  - SWAC Relief Pitcher of the Year (2014)
- NJCAA DIII - National Champions (2013)
- NJCAA DIII - National Runner Up (2011)
- Gloucester County College (2011-2013)
- First Team All-State (2010)
- First Team All-South Jersey (2010)
- Sterling High School - Somerdale, NJ (2006-2010)
  - Football, Baseball, Basketball



# MEET THE TEAM

## Jeff Meland

### *Director of Performance*

Jeff is the Director of Performance at Northstar Baseball Club with over a decade of experience in strength and conditioning. A University of Minnesota Duluth graduate in Exercise Science, Jeff brings extensive experience in athletic performance development, working with youth, collegiate, and professional athletes, with a proven track record of delivering results.

Known for his innovative training methods, he has built a large social media following, with 10,000+ Instagram followers learning from his unique approach to improving speed, strength, and overall athletic performance.

- Northstar - Director of Sports Performance (2018-Present)
- Head Strength Coach - MN Swarm Professional Lacrosse (2013-2014)
- Owner - Primal Power Performance (2013-2018)
- Assistant Strength and Conditioning Coach- UMD (2011-2012)



Max Weesner serves as the Director of Operations and Client Relations at Northstar Baseball Club, where he oversees day-to-day organizational operations while ensuring a high level of communication and service for Northstar families. Known for his highly organized, detail-oriented approach, Max plays a key role in keeping the club running smoothly and delivering a professional experience for players and families alike.

A graduate of Hopkins High School, Max was a four-year starting catcher and team captain for the Royals. Max later moved into the collegiate coaching ranks, working as a Graduate Assistant at Concordia University-St. Paul and as an Assistant Coach at Southeastern Community College, where he contributed to one of the most successful seasons in program history. His experience as both a player and coach provides valuable perspective in supporting Northstar's athletes and families.

## Max Weesner

### *Director of Operations*

✉ [max@northstarbaseball.com](mailto:max@northstarbaseball.com)

- Northstar - Director of Operations (2023-Present)
- Assistant Coach - Southeastern CC - Iowa (2023)
- Graduate Assistant - Concordia St. Paul Univ. (2021-2022)
- University of Minnesota - Bullpen Catcher - (2019-2020)
- 4 Year Varsity Starting Catcher - Hopkins High School - (2013-2016)

# MEET THE TEAM

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## **Hunter Foss**

### *Player Development*

Hunter Foss is the Director of Hitting and Teams Coordinator at Northstar Baseball Club. A standout at Milaca High School and four-year collegiate player at Crown College,

Hunter began his coaching career at Hopkins High School, where he spent four years guiding players both on and off the field. He continues his coaching experience at Two Rivers HS, managing the offense and player development.

Known for his dedication to continuous learning and his energy for teaching, Hunter is committed to helping athletes improve their skills, grow their baseball IQ, and develop the character needed to succeed on and off the field.

- Northstar - Director of Hitting & Teams Coordinator (2023-Present)
- Assistant Coach, Hitting - Two Rivers High School (2024-Present)
- Played Collegiately at Crown College (2014-2017)

## **Zach Jakubowsky**

### *Player Development*

In player development, with an emphasis on pitching instruction, Zach brings energy, passion, and a commitment to helping athletes grow on and off the field. A standout pitcher and outfielder from Farmington High School, Zach played travel baseball with HTP Sports Academy and went on to compete at the D2 level at the University of Sioux Falls.

Coaching since age 16, he has worked with players of all ages in team and small-group settings, emphasizing skill development, integrity, and a love for the game. Zach excels at teaching advanced aspects of the game, connecting with young athletes and making complex skills easy to understand and apply.

- Assistant Coach, Pitching - Prior Lake HS (2024-Present)
- Player Development Coach - Northstar Baseball Club (2020-Present)
- Assistant Coach, Pitching - Simley HS (2022-20223)



# COLLEGE COMMITS

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**74** DIVISION I

**53** DIVISION II

**50** DIVISION III

**24** JUCO

**202** TOTAL  
COLLEGE COMMITS



# NORTHSTAR PRO'S



**Eli Wilson**  
*Pittsburgh Pirates*



**Adam Mazur**  
*San Diego Padres*



**Justin Loer**  
*Colorado Rockies*



**Nick Morreale**  
*San Fransisco Giants*



**Jake Irvin**  
*Washington Nationals*



**Hayden Vucinovich**  
*Milwaukee Brewers*



**Dalton Sawyer**  
*Oakland A's*



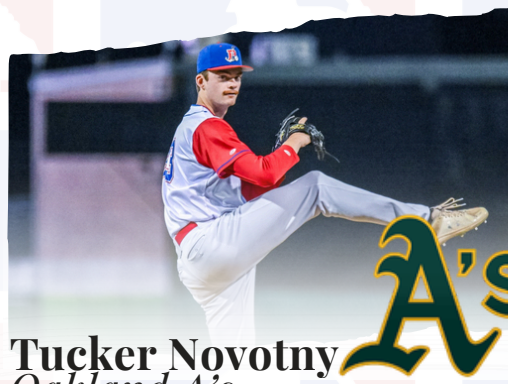
**Jake Stevenson**  
*New York Mets*



**Nick Lackney**  
*Philadelphia Phillies*



**Jordan Jess**  
*Pittsburgh Pirates*



**Tucker Novotny**  
*Oakland A's*



**Seth Clausen**  
*Colorado Rockies*



# YOUTH TEAMS

## Spring Teams

*March - April*

Spring Season at Northstar Baseball Club gives players a head start on their summer season through high-energy team practices that build confidence, baseball IQ, and a love for the game. Athletes also gain access to weekly hitting and fielding sessions to add extra reps and develop strong habits that carry into the summer season.

- 6 Team Practices
- 6 Skill Sessions
- 2 Tournaments in April (Typically in Des Moines, IA)

## Summer Teams

*December 1 - August 1*

The Northstar Summer Program delivers high-level instruction with a long-term focus on player development. We meet athletes where they are, build lasting skills, and prepare them for success in high school and college—never sacrificing growth for short-term wins. Combined with 40–50 games each summer against top competition, our players leave battle-tested and ready for the next level.

- 50+ Practice Hours
- 40+ Games per Summer
- Included Strength and Performance - Team Lifts
- Select players may be invited to play 1 Tournament with GRB National Program (All-Star Team comprised of top players from all 5 GRB Family locations)

## Fall Teams

*August 1<sup>st</sup> - October 1<sup>st</sup>*

Northstar Fall Teams extend the season and provide extra game experience while developing skills and baseball IQ. Designed for multisport athletes, the program enhances athleticism, coordination, and mental resilience while keeping players engaged and fresh year-round.

- 8 Team Practices
- 8-10 Skill Sessions
- 3-4 Tournaments - Local
- Select players may be invited to play 1 Tournament with GRB National Program (All-Star Team comprised of top players from all 5 GRB Family locations)



# HIGH SCHOOL TEAMS

## Summer Teams

*January - August 1*

The Northstar Summer Program delivers high-level instruction with a long-term focus on player development. We meet athletes where they are, build lasting skills, and prepare them for success in high school and college—never sacrificing growth for short-term wins. Combined with 40–50 games each summer against top competition, our players leave battle-tested and ready for the next level.

- 30+ Practice Hours
- 30+ Games per Summer
- Facility Access Through Competitive Season
- Select players may be invited to play 1 Tournament with GRB National Program (All-Star Team comprised of top players from all 5 GRB Family locations)



## Fall Teams

*August 15 - October 1*

Northstar Fall Teams extend the season, providing extra game experience while developing skills and baseball IQ. Designed for multisport athletes, the program enhances athleticism, coordination, and mental resilience while keeping players engaged and fresh year-round. For older players, the High School Fall Program can also be tailored to focus on college recruiting, helping athletes take the next step in their careers.



- 8 Team Practices
- 8–10 Skill Sessions
- Facility Access Through Competitive Season
- 3–4 Tournaments - Local
- Select players may be invited to play 1 Tournament with GRB National Program (All-Star Team comprised of top players from all 5 GRB Family locations)



# OUR FACILITY

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Our state-of-the-art, centrally located 25,000 sq. ft. facility in Eagan is just 10 minutes from MSP and 5 minutes from Vikings Lakes. Featuring 9 full-length batting cages and cutting-edge technology like TrackMan and HitTrax, our facility provides everything athletes need to push their skills, track progress, and achieve their goals.



**4,000 Sq. Ft. Weight Room  
and 2,000 Sq Ft. Field Turf**



**Wellness Center:  
Sauna, Cold Plunge, and Shower**



**Players Lounge, Lobby,  
Pro Shop**

# GRB National

The GRB National program is unlike any other in the country. A true "all-star" team for each Grad Class comprised of the best players within the GRB family of teams; a collaborative effort amongst the leaders of each GRB location to provide opportunities to experience high-end baseball.

Unlike National branded teams or partnerships - where the relationship is often transactional - everyone involved in the process has the players development and future in the game at heart. This is the most important aspect of the program, and what makes it so unique - only players that play for one of the GRB teams are eligible for this opportunity.



- GRB National Teams are typically put together 2 times a year - one time in Mid-Summer and 1-2 Tournaments in the Fall.

