



2026-2027 Red Team Workshop & Tryouts

Skaters attending the Red Team 2026-2027 Season Workshop and Tryouts should be currently passed Pre-Brz Skating Skills Test or pass by July 31st, 2026 deadline per USFS Level Requirement. Must be 17 and younger by the July 1st, 2026 deadline. Skaters at this level should be able to perform drills and patterns, set to music, which the skater will be asked to perform both individually and attached to other skaters. We will be evaluating proficiency, edge quality, musical timing, and presentation of the drills. The skaters will perform basic synchro elements and be evaluated how well they skate together as a team.

INDIVIDUAL SKILLS		EXPECTATIONS
Perimeter Stroking (FWD and BWD)		Power, extension, correct edges, with
FWD Power 3 turns (R and L)		Demonstrate proper entry edge into 3-turns.
BWD Power 3-turns (R and L)		Ability to maintain body control in and out of turns
Alt. Mohawk Cross (R and L)		Execute turns/steps with speed and control
Fwd Inside 3-turns (R and L)		Body control in and out of turns.
Fwd Inside 1 1/2 Twizzle (R only)		Body Control in & out of twizzle with continuous turns
FIELD MOVES		EXPECTATIONS
Spirals Inside and Outside (R and L)		Spirals have controlled extension 135 degrees or higher with arched back for minimum of 3 seconds on edge.
FREE SKATING ELEMENTS		EXPECTATIONS
Toe Loop	Forward inside 3-turn entrance	Controlled entry and landing
Loop	Backward crossover entrance	Controlled entry and landing
SYNCHRO ELEMENTS		EXPECTATIONS
Pivoting Line		Ability to maintain straight lines with speed and flow through turns, steps and body movements.
No Hold		Unconnected skating while maintaining spatial awareness in a block formation. Ability to show strong basic skating skills while staying lined up with other skaters.
COMPOSITION	SKATING SKILLS	PRESENTATION
Ice Coverage	Ability to execute difficult turns with ease	Commitment to Movements
Strong Holds and Connections	Execute Movements with fluidity	Project and express with whole body
Low and Mid level body Movements	Ability to generate energy and speed with ease	Clear execution of of all movements in unison