



TGHA COVID-19 Procedures for Return to Play 2020-2021

In order to provide a safe experience for our hockey families, please be aware of / plan to strictly follow these COVID-19 procedures as per ice hockey under NY Forward Guidelines, TC DOH Guidelines, and the TGHA Guidelines:

TGHA is following the TCDOH guidelines and does not allow tournament play or interstate travel.

TGHA Planning Protocols for all games and practices:

1. On the day of every scheduled ice session or game at The Rink, all TGHA players or their parent/legal guardian(s) are to complete a [TGHA-specific health screening online form](#). This is also found on Ithacagirlshockey.org
We are requesting this to be done at least ½ hour before the scheduled ice time so coaches can verify completion. We strongly suggest that parents take their daughter(s) temperature prior to arrival to ensure entry to The Rink.
1. For everyone's safety, we encourage parents/legal guardians to keep their daughter(s) home if they have ANY symptoms of Covid-19.
2. If a player tests positive for Covid-19, the parent/legal guardian will immediately notify their Head Coach, who will then notify the TGHA President, CJ DeVecchio Croft, and the Tompkins County Department of Health (TCDOH). TGHA/player/parents/legal guardians and team will follow all TCDOH directions, including providing any additional contact tracing requested.
Note: That team's ice times may be cancelled for a 10 day quarantine, unless it can be ruled out that there was no spread on the team (TGHA Head Coach will communicate that decision as soon as possible).
3. TGHA Head coaches are responsible for ensuring that all TGHA guidelines for home and away games are strictly adhered to by players, parents and coaches.
4. Scheduling Away Game Protocols: Head Coaches/Team Managers will check on the availability of multiple changing spaces prior to scheduling any away games (i.e players to dress in the vehicle or elsewhere). Coaches must communicate this information to the parents/players minimum one day prior for planning and traveling purposes.



TOMPKINS GIRLS HOCKEY ASSOCIATION

WWW.ITHACAGIRLSHOCKEY.COM

TGHAHOCKEY@GMAIL.COM

PO Box 3962
ITHACA NY 14852

CRC/The Rink Protocols: http://www.crcithaca.com/?page_id=12538

2. All non-TGHA players and spectators planning on entering CRC/The Rink are to complete a [TGHA-specific health screening online form](#). This is also found on Ithacagirlshockey.org
3. All players and spectators entering CRC will have their temperature checked via a non-contact thermometer. If a person's temperature is above 100.1 degrees they are not permitted to enter the facility.
4. All persons entering the facility must wear an appropriate face covering. Pulling a shirt over your face is not acceptable. All spectators face coverings must remain on and covering their mouth and nose during their entire visit in the facility.
5. All persons in the facility must socially distance. Six feet of space must be adhered to at all times while in the facility.
6. Spectators/parents or guardians are limited to two per player. This allows the facility to keep the max number of occupants below 50. **Some sessions may be closed to parents and CRC reserves the right to adjust this protocol.**
7. Note the areas marked with blue tape in form of a X on Rink glass/boards: spectators are not permitted to stand in this blue tape area.
8. Bleachers have been marked with red tape 8 ft. separation – spectators are asked to stand on red tape and remain 8 ft. apart while wearing face covering.
9. Water bottles for skaters are to be brought from home and not to be shared with anyone. The Rink has a non-contact water bottle fill station available.



TGHA Game-Day Player Guidelines

1. Players are expected to come fully dressed except skates, helmets, gloves. There may be an exception for players traveling more than 60 minutes.
2. Players can arrive no sooner than 30 minutes of game time and must exit within 15 mins of game time ending.
3. At the conclusion of the game, spectators will be asked to leave the facility to reduce the density of people in the waiting areas.

TGHA HOME Team Pre-Ice Protocols:

- TGHA Teams will use the bleachers by the Zamboni doors for pre-game prep/dress and coaches talk – note a 4 foot wall has been added to provide more privacy/separation.
- HOME bench is now the bench closer to Zamboni entrance; access to the HOME bench is through Zamboni entrance across the ice
- Both Home and Away Team goalies will use the TGHA-designated locker

Locker Rooms AWAY Teams Pre-Ice Protocols:

- Locker room space is limited and all players must follow locker room assignments as written on assignment board. Locker Rooms 1-4 for visiting teams - one team will spread out in 2 locker rooms (Rooms 1/2 or 3/4).
- Both Home and Away Team goalies will use the TGHA-designated locker
- Extra benches added in between locker rooms/shower area to add space for players to dress.
- 6 players in each locker room max (not including shower area).
- AWAY team will enter ice from locker room areas down the hallway, straight out to the bench closest to the locker rooms (NOT through the lobby area.)



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Game/Bench Procedures (both teams)

- MASKS AND SOCIAL DISTANCING are mandatory on the bench - a mask is to be considered a piece of equipment. Note: USA Hockey requires players to wear mouthguards during game play. If parents allow, the player may lower the mask during game play but must immediately wear the mask upon entering the bench or substitution area alongside the bench
- BENCH MANAGEMENT: CRC/The Rink has extra seating outside the actual bench areas. This is where players will go upon leaving the ice surface after a substitution ("substitution area"). There are doors on each bench from outside the rink to access/exit from the substitution area. The only players on the actual bench area will be the next players waiting to enter the game/ice surface.
- WATER BOTTLES are not to be shared and will be spaced out on the bench/substitution area.
- REFEREES: all referees must wear masks while on the ice - face off, calling penalties/escorting players to the penalty box. Refs may lower mask during game play i.e. to blow whistle
- PENALTIES: In the event of more than 1 player called for a penalty: only 1 player allowed in the penalty box area at a time; additional penalties will require players to sit on outside of their bench in the substitution area where additional glass separation exists (and waiting players socially distant apart from this player as well)
- NO SWITCHING SIDES: Teams will not switch defending goals between periods to minimize goal area contamination.
- NO HANDSHAKE LINE: At the end of the game, there will be no handshake line and players are not to group together to congratulate their goalies. Players will exit the Rink in the same manner in which they entered and proceed to quickly remove skates and helmets/gloves in order to leave the facility within 15 minutes of the end of each game.