



HIGH SCHOOL & MIDDLE SCHOOL SUMMER HOCKEY CAMPS

Camp Information Sheet & Sign Up

Scots Hockey Summer Camps are bigger and better than ever reflecting the growth and success of the programs. Camps are available for high school and middle school players. Scots Coaching Staff will lead instruction for both camps. Scots Hockey is the high school program for Highland Park & Central High Schools.

<p>High School Grades 9 – 12 as of Fall 2019 High school camps include ice time throughout June & July. Sessions Include:</p> <ul style="list-style-type: none"> • 2 hours of shooting, stickhandling & weight training • 1 hour of on-ice instruction & drills <p>All activities will be at Highland Arena. <i>June camp ends with the traditional Scots cook out!</i></p> <p>Dates: June 11: 10:30am – 1:45pm June 12: 10:30am – 1:45pm June 13: 10:30am – 1:45pm June 18: 10:30am – 1:40pm June 19: 10:30am – 1:40pm June 20: 10:30am – 1:40pm June 25: 10:30am – 1:45pm June 26: 10:30am – 1:45pm June 27: 10:30am – 1:45pm July 9: 10:30am – 1:45pm July 10: 11:30am – 2:40pm July 11: 10:30am – 1:45pm July 16: 10:30am – 1:45pm July 17: 11:30am – 2:40pm July 18: 10:30am – 1:45pm July 23: 11:30am – 2:40pm July 24: 11:30am – 2:40pm July 25: 11:30am – 2:40pm</p> <p>High School Scrimmages: Periodic scrimmages will be held with other area high school teams holding summer camps. Scrimmages are planned during scheduled camp hours (Exceptions may apply).</p>	<p>Middle School (Open to all Schools) Grades 6 – 8 as of Fall 2019 Middle school camps include two weeks of on-ice instruction and drills along with a souvenir jersey & t-shirt. This is a great opportunity for the young players to get quality summer instruction & a sense of what it would be like to play for the Scots. <i>June camp ends with the traditional Scots cook out!</i></p> <p>Week 1: June 17: 1:50pm – 2:50pm June 18: 1:50pm – 2:50pm June 19: 1:50pm – 2:50pm June 20: 1:50pm – 2:50pm June 21: 11:20am – 12:20pm</p> <p>Week 2: July 22: 1:40pm – 2:40pm July 23: 2:50pm – 3:50pm July 24: 2:50pm – 3:50pm July 25: 2:50pm – 3:50pm July 26: 11:20am – 12:20pm</p> <p style="text-align: center;">CAMP REGISTRATION ON FOLLOWING PAGE</p>
--	--



HIGH SCHOOL & MIDDLE SCHOOL SUMMER HOCKEY CAMPS Camp Information Sheet & Sign Up

CHECK THE BOX FOR THE CAMP YOUR SON WOULD LIKE TO ATTEND:

- High School Camp - \$475
- Middle School Camp (BOTH WEEKS) - \$175
 - Middle School Camp (WEEK 1: June 17- 21) - \$100
 - Middle School Camp (WEEK 2: July 22 - 26) - \$100

Send Registration
& Payment to:

Mark Prokop
2197 Stanford Ave.
St. Paul, MN 55105
*Check payable to Mark
Prokop*

Player Name: _____

Address: _____

City, State & Zip Code: _____

Grade & School (as of Fall 2019): _____

Position: _____

Player Email & Phone: _____

Parent / Guardian: _____

Parent / Guardian Email & Phone: _____

High School & Middle School Shirt Size (Adult or Youth – Small, Medium, Large): _____

Middle School Jersey Size (Youth – Small, Medium, Large): _____

Permission & Waiver

I give permission for _____ to participate in Highland / Central High School Summer Hockey Camp and is under no physical restrictions. I know that participation in sports may result in serious injuries and protective equipment does not prevent all injuries to players. I do hereby waive, release, absolve, indemnify and agree to hold harmless camp instructors, Highland / Central High Schools, supervisors, participants for any claim arising out of injury to my child whether the result of negligence or for any other cause

Parent / Guardian Signature: _____

Date: _____