



Lakers Hockey Training with TRUE SPORTS PERFORMANCE

Learn how to train to be a hockey player!

U12/ PeeWee and Bantam ages.

Groups of 12 max.

X2/ Week (Mondays and Thursdays) beginning Monday July 12 (14 total sessions)

July 12- August 26

U12/ PeeWee 4:00pm-5:00pm

Bantam 5:10pm- 6:10pm

\$140/ Athlete

Email Tom Truedson to register

tom@truesportsperformance.com