

Saskatchewan High Schools Athletic Association

E-NEWSLETTER
December 2019



CONGRATULATIONS:

Congratulations to the 2019 Provincial Football Champions and all participants. We would like to THANK the 6 provincial locations for hosting great Championships.

FOOTBALL CHAMPIONS					
1A 6 Man	2A 6 Man	3A 9 Man	4A 9 Man	5A 12 Man	6A 12 Man
Eatonia	Hafford	Indian Head	Melfort	Yorkton Regional	Regina LeBoldus

CONGRATULATIONS:

Congratulations to the 2019 Provincial Volleyball Champions and all teams that participated in the playoffs leading to the championships. The Association would like to THANK the 10 host communities and secondary sites for their commitment to high school sport in staging these successful championships.

BOYS VOLLEYBALL CHAMPIONS	
1A	Rouleau
2A	Thunderchild
3A	Birch Hills
4A	Moose Jaw Vanier
5A	Meadow Lake Carpenter

GIRLS VOLLEYBALL CHAMPIONS	
1A	Rose Valley
2A	Macklin
3A	Oxbow
4A	Moose Jaw Vanier
5A	Regina Campbell



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RESPECT IN SPORT RESOURCE LINE:

The Respect Resource Line (including E-Support service) provides information, bilingual support, resources and referrals for sport in Saskatchewan. If you would like more information on this confidential and anonymous resource please refer to the following link, which is also available on our website, <http://www.sasksport.sk.ca/RiS/resourceLine.html>

Canadian Interscholastic Athletic Administrators Association (CIAAA):

Each SHSAA athletic director has free membership in the CIAAA. The CIAAA promotes and develops administrative leaders, who in turn, cultivate student-athletes into the leaders of tomorrow. The membership includes discount on courses, workshops, and conferences. The membership also provides access to the newly developed Resource Bank which provides tools to assist the in-school AD perform their duties professionally and efficiently.

On October 9, each AD was contacted by email with instructions on how to activate their free CIAAA membership. If you have not activated the membership, we encourage you to do so.

If you need additional information about CIAAA or assistance activating your membership please refer to the following link on our website for the CIAAA Contacts, <https://www.shsaa.ca/page/show/941612-saskatchewan-inter-scholastic-athletic-administrators-association>



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MENTAL HEALTH IN SPORT:

Dr. Martin Camire from the University of Ottawa has worked very closely with School Sport Canada over the past number of years. His research has led to the development of coaching resources for school sport coaches and the research continues to provide results to support the benefits of school sport participation.

Dr. Camire's next project is a pan-Canadian study on school sport participation and mental health. Student athletes in grades 11-12 are encouraged to become part of this valuable project. To get all the details please refer to the SHSAA website or click on the following link https://www.shsaa.ca/news_article/show/1055888

THANK YOU:

On behalf of the SHSAA we would like to send out a big THANK YOU to all our officials for our fall activities, soccer, football and volleyball and at all levels, conference, regional and provincial. Your dedication to school sport doesn't go unnoticed and games would not happen with you! Thank You.

REMINDER:

Please use the message board to post any tournament results that are happening around the province. Contact the SHSAA office if you would like to set up an account.



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DUE DATE:

The Eligibility Forms (E5) for Basketball is due **Wednesday, December 4, 2019** or prior to the first competition, whichever comes first.

DUE DATE:

Deadline for Winter Officials Registry is **Friday, December 13, 2019**. Please contact your district officials commissioner to register the officials at your school.

COACHES CARD:

The NEW 2019-2021 Coaches Card is now available. The cost of this card is \$12. You can send your request and payment to the SHSAA office where we will send out your card to use immediately. [Please click here to see the order form](#)

HAPPY HOLIDAYS:

The Saskatchewan High Schools Athletic Association would like to wish you, your family, and the school **Happy Holidays** and a healthy, happy New Year.

Saskmilk



UNIVERSITY OF
SASKATCHEWAN

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