

GIRLS 14-17 MULTI DISTRICT CAMP
AUGUST 1 - 6, 2021 (All players)
JULY 30 – AUGUST 6, 2021 (Goalies)
BOWLING GREEN STATE UNIVERSITY

Overview: The Girls 14 – 17 Multi-District camp is made up of players who were born in 2004 - 2007. The Districts that have participated in the past and/or are planning to participate in 2021 are: Mid Am, Southeast, Michigan, New York and Northern Plains. The National Office at USA Hockey are involved with assigning the coaches to this camp. Head coaches will consist of current college head and assistant coaches as well as prep school coaches. There will be 3 separate groups (2007, 2006 and 2005-2004)
Note: 2003 birth years are only eligible if they are not playing college hockey in the fall of 2021.

The following is a list of staff from the 2018 and 2019 Camps:

Jim Plumer Head Coach University of Vermont
Andie Anastos, Asst. Coach Boston College
Brian Idalski, Former Head coach at North Dakota and Culver Academy
Ty Hennes, Development coach, Pittsburgh Penguins
Kristen Wright, USA Hockey
Matt Cunningham, USA Hockey
Sophie LeClerc, Asst. Coach Colgate University
Ashlynn Rando, Asst. Coach Selects Academy, Former player at Colgate
Blake Bolden, Former Captain Boston College and current scout with the LA Kings
Scott Hicks, Head Coach, Miami University
Maggie Hennes, Hill School and former player at UNH
Katelyn Parker, Asst. Coach, UConn
Natalie Zitek, Head Coach, Johnson and Wales
Melissa Piacentini, Asst. Coach RPI
Nicole Renault, Asst. Coach, Nichols College
Mandy Montgomery, Asst. coach, SUNY Canton
Cory Whitaker, Former Asst. Coach and Lindenwood and current Culver coach
Senna Conway, Head Coach Gilmour Academy
Kayte Holtz, Assistant Coach Hamilton College

Process: Players selected for the camp must go through the tryout process. The Mid Am tryouts will be held at Bowling Green State University April 16th – 18th. To register for the tryouts, click on the link below:

[HTTPS://ROCKYMOUNTAINREGISTER.COM/ENROLL/USAH/LOGIN.ASP?PROGRAMID=7](https://rockymountainregister.com/enroll/USAH/LOGIN.ASP?PROGRAMID=7)

Goaltenders: There will be a limited number of goalies spots per age group. The goalies will arrive on Friday evening July 30th. On Saturday and Sunday the goalies will have specialized goalie sessions. The goalies will then participate in the regular camp that starts on Sunday August 1st and ends on Friday August 6th.

Location: Bowling Green State University which is in Northwest Ohio and is about 20 minutes south of Toledo. The Detroit airport is one hour to the north. The camp will be held at the Slater Family Ice Arena which is home to the BGSU Falcons.

Transportation: Players are responsible for their own travel to Bowling Green or to the Detroit Airport. Staff will be available to pick up and drop off players from the Detroit airport at no additional charge as long as they are flying without assistance.

Airport Assistance (Unaccompanied Minor)

If anyone is flying as an unaccompanied minor please make sure you understand the following:

- We are not able to provide any additional airport assistance. Our staff will meet players in the baggage claim area but we cannot access the secure/restricted area.
- Each airline has their own rules for unaccompanied minors. For example, as of November 2020, Southwest Airlines lets children ages 12 and up fly on their own but Delta and United let them travel by themselves when he or she turns 15.

Medical, Hold Harmless and Climbing Wall Forms: During the online registration process, all medical and hold harmless forms will be filled out.

Supervision of Players and Staff: Players are under supervision at all times both on and off the ice. They are never allowed to be on their own. Each team is assigned a head coach, assistant coach, counselor and evening counselor. In addition to the assigned team staff, we also have a trainer, dorm director and off- ice instructor. All staff working the camp will have a background check and also completed Safe Sport Training.

Accommodations: The players and staff of each team will be housed in modern dormitories within a 5 minute walk of the Ice Arena. The dorm is air-conditioned and has several lounges for the players to relax in. The players are assigned a roommate randomly unless there is a medical or other valid reason.

Meals: All meals will be eaten on the campus and most will be served by BGSU Dining Services. If anyone has dietary restrictions, accommodations can be made on a case by case basis.

Recreation Rink: During the summer our second rink is a dry floor. This is a rink with dimensions of 150 x 80 feet and is a perfect facility for coaches to use for walk through or other off- ice activities.

Recreation and Activities: Players will have access to the Student Recreation and Wellness Center which has a swimming pool, climbing wall, basketball court and other amenities.

On Ice Overview: There will be two to three ice sessions per day. At each session there will be up to 40 skaters and 4 goalies. Most sessions/practices will be small group teaching utilizing small areas of the ice. This allows for more individual instruction with higher repetitions and greater intensity.

Each day, during one of the sessions, we will break the players down by position (forwards, defense and goalies). This allows for each player to work on position specific drills.

Evaluations: Towards the end of camp, each player will have a face to face meeting with their coach to go over their strengths and weaknesses. The purpose of this meeting is to have a discussion with the player to make sure they understand what is being said and to ask them for comments. In addition to the verbal evaluation, there will also be a written one.

Daily Schedule: Below is a sample daily schedule. The 2021 schedule will be similar. It will be finalized in late May once the meal times and Rec Center times are set.

Daily Schedule (Monday – Thursday)

7:15am	Wake up
7:30 – 8:00am	Breakfast
8:30 – 9:45am	Ice Time
10:00 – 11:00am	Lecture/Dryland
11:30 – 12:30pm	Ice Time
1:00 – 1:30pm	Lunch
1:30 – 2:30pm	Lecture/Dryland
3:00 – 4:15pm	Ice Time
4:30 – 6:00pm	Rec Center
6:30pm – 7:00pm	Dinner
7:00pm – 8:30pm	Activity

Cost: \$675 (includes room, board, ice time, jersey, etc...)

Additional Questions and Information:

After accepting the invitation to attend the camp, instructions will be emailed to each participant containing registration instructions and information on the camp such as check in times, what to bring, check out times, forms etc...

For additional information, please contact your Section Rep. or Bill Switaj who will oversee the camp at BGSU. His contact information is wswitaj@bghockyschool.com or 330-671-5775 (cell).