

CRU Fall Training

CRU will be offering training sessions this fall to prepare for the upcoming club season. These sessions will be for returning CRU members and experienced club players.

2021 Travel Teams

All who participate in any of the training sessions will be placed on a travel team this upcoming winter/spring. All high school aged players will compete in tournaments in May and June. Middle school and younger will try and schedule as early as we can.

We are not hosting tryouts this year in September. Only returning players or experienced club players who went to any of our training sessions will be guaranteed a spot on a team. We plan on fielding teams in 14s, 15s, 16s, and 17/College Prime.

If positions need to be filled on U15-U18 teams we will hold *open* tryouts after the conclusion of the high school season.

Fees

Fees will be charged per training session. Registration will be online on or soon after September 14, 2020 at CRUVBC.com.

Travel team fees will be determined when a playing schedule and routine practices are determined.

- High School Fees
Based on a 2 – 3 tournament season, 2 practices per week, facilities and coach's stipend.
- Middle School/Youth
Based on a 3 – 6 tournament season, 2 practices per week, facilities and coach's stipend.

We will be running all training sessions at the Academy Sports Center in Lynnwood until further notice. We have partnered with ASC and WVBA to create a high-level experience using their state-of-the-art facility. We are super grateful to Dave Weigl and WVBA for this opportunity.

As we approach winter, we are hoping to be in a more local facility when officials say it is safe to do so and facilities open up.

Key Dates (Subject to change)

October – March

- CRU Training Sessions

January – May

- U12 and U14 travel teams and tournaments

May – June

- U15, U16, U17/College Prime teams and tournaments
- Open Tryouts (if needed)