



As part of our commitment to offering skills development for our House League Novice to Bantam League divisions, please review the following information. The FGHA is excited to be working with Jeremy Bloomfield of [3D Hockey Development](#) to offer this as an investment in our Falcon's development.



Jeremy brings over 15 years of on-ice coaching experience with all abilities and ages from tyke to the pro-level. He has played at all levels of hockey from AAA minor hockey, Junior, college, Sr "A" and the Pro-level. Currently, Jeremy and his team work with various organizations in our area including the Hamilton Jr. Bulldogs and Hamilton Huskies and others. Jeremy is also the skating and skills development coach for Hamilton Girls Hockey Association as well as numerous House League and Rep teams with the Stoney Creek Girls Hockey Association.

With a strong focus on the fundamental skills, Jeremy's goal is to provide each player with the best foundation possible. Jeremy and his team provide an ideal environment for learning and enjoying the game of hockey using a balance of activities designed to keep players energized, stimulated, engaged and well rounded. The use of a structured and specific program encourages and motivates young players to reach their highest potential. Using their innovative and technical teaching structure, Jeremy and his team will break down the season into weekly segments of skill development. Each segment will be designed to focus on specific skills to be learned in progression. The segments will be broken down to provide a strong focus on the fundamentals of Stride Mechanics, Edge Control, Balance, Overspeed Drills, Innovative and Evasive Puck Handling Skills, along with a variety of shooting techniques. Jeremy believes that the development path for each player is unique. His team believes in the value of teaching fundamentals in progression and will work to ensure each player is able to demonstrate a strong foundation and the ability to perform each skill before a new one can be introduced.

Development sessions will be held on Friday evenings at [Harry Howell Arena](#) at the following times:

October 12th: Novice 5:00 pm and Pee wee 6:00 pm  
October 19: Atom 5:00 pm and Bantam 6:00 pm  
October 26: Novice 5:00 pm and Pee wee 6:00 pm  
November 2: Atom 5:00 pm and Bantam 6:00 pm  
November 9: Novice 5:00 pm and Pee wee 6:00 pm  
November 16: Atom 5:00 pm and Bantam 6:00 pm  
November 23: Novice 5:00 pm and Pee wee 6:00 pm  
November 30: Atom 5:00 pm and Bantam 6:00 pm  
December 7: Novice 5:00 pm and Pee wee 6:00 pm  
December 14: Atom 5:00 pm and Bantam 6:00 pm  
December 21: Novice 5:00 pm and Pee wee 6:00 pm  
January 4: Atom 5:00 pm and Bantam 6:00 pm

Midget players wishing to participate in the Bantam sessions are invited to contact [Mark Thompson](#) our Director of Player Development. The cost will be a one-time cost of \$50.00 for the program. We will not be offering a per-session drop in cost.

We are excited to offer this development for our Falcons, and hope that everyone can participate!