

Hello AMHA Parents,

We are excited to be a part of your athletes development this season! Please review the following new guidelines below. Please have patience as we work to navigate all of the new health guidelines. They are put in place to try and keep your family and ours healthy and safe! We appreciate your understanding and cooperation during these challenging times.

There are 3 sections below. Please read your applicable section carefully/fully.

U9 (Novice) Team Practices

U9 (Novice) Goalie Sessions

All Other Goalie Sessions (U11 and up)

U9 (Novice) Team Practices:

Please arrive **no more than 5-10 minutes prior** to the ice time.

Please have your athlete come **fully dressed** with their gear on for their ice time.

Please have labelled **skate guards** on them to get in and out of the facility.

Please **do not bring hockey bags** in.

Please bring a labelled **water** bottle.

Please note, there are no spectators allowed in the facility for these practices, only athletes and their teams coaches.

Drop off procedure:

When you pull into the complex please stay to the right to go around the side and rear of the buildings as shown below.

Once you pull up to where the star is in the picture please stop (we will have a pylon outside indicating where to stop).

Please remain in your vehicle and a staff member will come up to your vehicle to do a symptom pre-screen.

Your athlete will then be allowed to enter the facility.

Please pull away promptly so we can move on to the next vehicle.

Once the vehicle in front of you leaves, please pull up to the pylon.

Only one athlete will be allowed to enter the facility at a time.



Pick up procedure:

Please park in an **Explosive Edge** designated spot or any **unmarked spots throughout the complex**. We have some parking right in front of our building but there are also numerous unmarked spots throughout the complex. This might mean parking at the front of the complex by NAPA. **Please do not park in any other businesses reserved spots or along the alley at any time to avoid being towed! We use the alley for our drop-off line so it is extremely important to keep that area free at all times.**

Please park and come to the sidewalk at the front of the facility to meet your athlete outside as they exit. One of your child's team coaches will be outside with them for pick up. Please be mindful of physical distancing of other parents and athletes.

No loitering/socializing in the parking lot. Once you have dropped off or picked up your athlete, please vacate the premises promptly. Please be mindful that the parking spots are pickup locations and we have other groups needing to use them as well.

Important Health Info.:

- Anyone with symptoms of cold/flu will not be permitted in the facility.
- Visitors/spectators will not be permitted in the facility during these practices.
- If a child develops symptoms while at the facility, they will be isolated from others, perform hand hygiene, put on a mask, maintain at least 2 metres from all others and a parent will be called to pick them up immediately.
- Please check your child's temperature every day prior to coming to the facility.
- Please review the AHS screening checklist every day prior to coming to the facility. If you answer yes to any of the questions below, your child will be unable to attend.
- Hand hygiene is required upon entry/exit of the facility.
- We have additional staff dedicated to cleaning/sanitizing the facility
- Cheering and yelling are strongly discouraged as it presents a high risk of spreading droplets.

U9 (NOVICE) Goalie Sessions

Please ensure you've completed our online waiver form here in order to participate: <https://www.explosiveedge.ca/registration-form>

1 parent/guardian will be permitted in the facility with their U9 Goalie (no other spectators/siblings).

Parent/guardian must wear a **mask** inside the facility.

Please arrive **no more than 15 minutes prior** to the ice time.

Please bring a labelled **water** bottle.

If your athlete has the goalie gear already, please come as dressed as possible. If not, please have your athlete come **dressed** in most of their bottom half of equipment (bottom base layer, jock/jill, pants, skates), top base layer, neck guard and helmet. Please arrive with this equipment on. Please have labelled skate guards on them to get in/out of the facility. They may bring their bag in with them.

Someone from your child's team will help them get their team's goalie gear on.

Please park in **Explosive Edge** designated spots or any **unmarked spots throughout the complex**. We have some parking right in front of our building but there are also numerous unmarked spots throughout the complex. This might mean parking at the front of the complex by NAPA. **Please do not park in any other businesses reserved spots or along the alley at any time to avoid being towed! We use the alley for our drop-off line so it is extremely important to keep that area free at all times.**

No loitering/socializing in the parking lot. Once your session is finished, please vacate the premises promptly.

Please check in at the front with our team member who will conduct the **health screening** for you and your athlete. Please keep an eye on the door as to not crowd the entrance. We have 2 spots in the entry, a screening spot and the next in line spot so please wait until the next in line spot is open before coming in. If it's taken please remain outside until it is free. Please see AHS for the screening checklist that you must also review prior to coming to the facility.

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- Please check your child's temperature every day prior to coming to the facility.
- Please review the AHS screening checklist every day prior to coming to the facility. If you answer yes to any of the questions below, your child will be unable to attend.
- Hand hygiene is required upon entry/exit of the facility.
- We have additional staff dedicated to cleaning/sanitizing the facility
- Please do not wear scents (perfume/cologne).
- Cheering and yelling are strongly discouraged as it presents a high risk of spreading droplets.
- Please be mindful of physical distancing of other parents, athletes and staff.
- We have markers on the bleachers indicating where to sit as well as stand by the glass.
- Please follow directional arrows on the floor for entry/exit of the facility.

All Other Goalie Sessions (U11 and up)

Please ensure you've completed our online waiver form here in order to participate: <https://www.explosiveedge.ca/registration-form>

Please arrive **no more than 15 minutes prior** to the ice time.
Please have your athlete come **as dressed** as possible with their gear on for their ice time.
Please have labelled **skate guards** on them to get in and out of the facility.
They may bring their bag in with them if needed.
Please bring a labelled **water** bottle.

Please note, there are no spectators allowed in the facility for these sessions, only athletes.

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Please pull away promptly so we can move on to the next vehicle.
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