



# *Bracebridge Soccer Club*

## Return to Play (RTP) Guide

### Protocols and Recommendations



## Contents



Introduction	4
Ontario Soccer Return to Play Overview	7
Canada Soccer – Return to Play Assessment	9
Return to Play (RTP) Plan: Step 1	10
Return to Play (RTP) Plan: Step 2	11
Return to Play (RTP) Plan: Step 3	11
Age and Stage Recommendations	11
Club Guidelines and Recommendations	12
Team Guidelines and Recommendations	13
General Hygiene Protocol	15
Reduce Transmission	15
Clubhouse / Fields	16
Insurance Coverage / Legal Considerations	16
COVID-19 EMERGENCY RESPONSE PLAN (ERP)	17
Appendix A: Emergency Action Plan	18
Appendix B: COVID-19 Symptoms Checklist	24
Appendix C: Bracebridge Soccer Club Contact Tracing Log	25
Appendix D: Ontario Soccer Waiver for Participants of the Age of Majority and Over	26
Appendix E: Ontario Soccer Waiver to be executed for	29

Bracebridge Soccer Club / Return to Play (RTP) Guide June 2021



Appendix F: Ontario Soccer – Declaration of Compliance – COVID-19	32
SUMMARY	34



## *Introduction*

### **COVID-19 - INFORMATION**

Coronaviruses are a large family of viruses. Some cause illness in people and others cause illness in animals. Human coronaviruses are common and are typically associated with mild illnesses, similar to the common cold. COVID-19 is a new disease that has not been previously identified in humans. Rarely, animal coronaviruses can infect people, and more rarely, these can then spread from person to person through close contact.

Those who are infected with COVID-19 may have little to no symptoms. You may not know you have symptoms of COVID-19 because they are similar to a cold or flu.

Symptoms have included:

- Cough
- Fever
- Difficulty breathing/Shortness of Breath
- Sore Throat
- Runny nose

In severe cases, infection can lead to death. Symptoms may take up to 14 days to appear after exposure to COVID-19. Recent evidence indicates that the virus can be transmitted to others from someone who is infected but not showing symptoms. This includes people who: have not yet developed symptoms (pre-symptomatic) and never develop symptoms (asymptomatic)

This means it is extremely important to follow the proven preventative measures.

### **Preventative Measures**

Canadians should continue to think ahead about the actions they can take to stay healthy and prevent the spread of COVID-19 in Canada. This includes staying at home as much as possible and being prepared in case you or a family member becomes ill. Everyone should be practicing physical (social) distancing. Even if you do not have symptoms of COVID-19, you could become infected by others.

As we continue to see transmission of the virus within different communities, we know that everyone must take precautions. In an effort to prevent the spread of COVID-19 within communities and across the country, all Canadians are advised to:

- Stay at home unless you have to go to work. Talk to your employer about working at home if possible.
- Avoid all non-essential trips in your community.
- Do not gather in groups. Respect Government of Ontario directives.
- Limit contact with people at higher risk, such as older adults and those in poor health.
- Go outside to exercise but stay close to home.

If you leave your home, always keep a distance of at least two (2) meters (6 feet) from others. Household contacts (people you live with) do not need to distance from each other unless they are sick.



**You can go outside if you:**

- Have not been diagnosed with COVID-19.
- Do not have symptoms of COVID-19.
- Have not travelled outside of Canada in the past 14 days.
- Are not in quarantine (self-isolating).

**Physical (social) distancing**

Together, we can slow the spread of COVID-19 by making a conscious effort to keep a physical distance between each other. Physical (social) distancing is proven to be one of the most effective ways to reduce the spread of illness during an outbreak.

This means making changes in your everyday routines to minimize close contact with others, including:

- Avoiding crowded places and non-essential gatherings.
- Avoiding common greetings, such as handshakes.
- Limiting contact with people at higher risk like older adults and those in poor health.
- Keeping a distance of at least two (2) meters from others (6 feet).

**Hygiene**

Proper hygiene can help reduce the risk of infection or spreading infection to others:

- Wash your hands often with soap and water for at least 20 seconds, especially after using the washroom and when preparing food.
- Use alcohol-based hand sanitizer if soap and water are not available.
- When coughing or sneezing, cough or sneeze into a tissue or the bend of your arm, not your hand.
- Dispose of any tissues you have used as soon as possible in a lined wastebasket and wash your hands afterwards.
- Avoid touching your eyes, nose, or mouth with unwashed hands.

**Cleaning**

Coronaviruses are one of the easiest types of viruses to kill with the appropriate disinfectant product when used according to the label directions. Health Canada has published a list of hard surface disinfectants that are likely to be effective for use against COVID-19.

Although they do not claim to kill COVID-19, cleaners can play a role in limiting the transfer of microorganisms. Health Canada recommends cleaning high-touch hard surfaces often, using either regular household cleaners or diluted bleach according to the label directions. This bleach solution should be prepared according to the instructions on the label or in a ratio of 250 mL (1 cup) of water per 5 mL (1 teaspoon) of bleach. Directions are based on bleach that is 5% sodium hypochlorite, to give a 0.1% sodium hypochlorite solution. Never mix bleach with other chemical products and use it in a well-ventilated area. Special precautions must be used when cleaning with bleach to avoid serious incidents.

These surfaces include:

- Toilets
- Phones
- Electronics
- Door handles



- Tables and chairs
- Remotes.

### **Wearing masks or face coverings**

Medical masks, including surgical, medical procedure face masks and respirators (like N95 masks), must be kept for health care workers and others providing direct care to COVID-19 patients.

Wearing a non-medical mask or face covering while out in public is recommended for periods of time when it is not possible to consistently maintain a two (2) metre physical distance from others, particularly in crowded public settings, such as training and competition facilities.

Public health officials will make recommendations based on a number of factors, including the rates of infection and/or transmission in the community. Recommendations may vary from community to community.

If you do choose to wear facial covering, refer to guidelines on wearing non-medical masks, how to make your own and the Special Advisory Committee recommendations on the use of non-medical cloth masks or face coverings in community settings.

Masks alone will not prevent the spread of COVID-19. You must consistently and strictly adhere to good hygiene and public health measures, including frequent hand washing and physical (social) distancing.

For additional information about COVID-19 and local updates, visit <http://www.simcoemuskokahealth.org/Topics/COVID-19>

**Bracebridge Soccer Club's Return to Play (RTP)** guide follows the direction set out by Ontario Soccer and their Return to Play (RTP) plan updated June 8, 2021. For reference, details of Ontario Soccer's RTP plan can be found here at: <https://www.ontariosoccer.net/page/show/5787197-ontario-soccer-return-to-play-guide>

Any soccer activity in Ontario must comply with health and safety protocols as outlined in this Return to Play (RTP) Guide and any new protocols issued by Ontario Soccer and the Province of Ontario health authorities. Any protocols also contained in the Ontario Soccer RTP but not referenced in this RTP will also apply.

**Bracebridge Soccer Club** appreciates the patience and understanding of all members and volunteers for their on-going support for minor soccer programs and our community through this challenging time. The Club's Board of Directors will continue to strive towards developing soccer activities that can occur in a safe environment that does not jeopardize the health and well-being of our participants, their families and the community.



## Ontario Soccer Return to Play Overview

Ontario Soccer's Three phase approach to Return to Play.



Note: Steps 2 and 3 are tentatively scheduled to start 21 days apart and subject to Government of Ontario assessment and approval. Ontario Soccer will advise membership confirmation of Steps through updated Information Bulletins that will include updates to this Return to Play Guide.

### Reference Guide (Steps) Overview

	Step 1	Step 2	Step 3
Completion of Canada Soccer's Return to Soccer Risk Assessment Tool	YES	YES	YES
Organization's own RTP Guide/Plan in alignment to Ontario Soccer's RTP Guide	YES	YES	YES
Safety Field Marshal	YES	YES	TBD
Physical Distancing for Participants (3M)	YES	TBD	TBD
Equipment disinfecting after each game/practice	YES	TBD	TBD
Use of Change rooms	NO	TBD	TBD
Indoor Activities Permitted	NO	YES	YES
Outdoor Activities Permitted	YES	YES	YES
League Games or Scrimmages	NO	YES	YES
Travel to other Districts or Regions	NO	TBD	TBD
Trials/Tryouts/Open Evaluations/Camps	NO	YES	YES

<b>Maximum number of Participants (Players, Coaches, Match Officials)</b>	10 PER FIELD QUADRANT WITH PHYSICAL DISTANCING (3m)	TBD	OUTDOOR: TBD INDOOR:TBD
<b>Maximum number of Spectators</b>	0*	TBD	TBD
<b>Masks</b>	FIELD : NO BENCH: YES	FIELD: NO BENCH: YES	TBD
<b>Physical Distancing (3m)</b>	YES	ON FIELD: NO ON BENCH: YES	TBD
<b>Field Safety Marshall</b>	YES	TBD	TBD
<b>Equipment Disinfecting</b>	YES	TBD	TBD
<b>Canada Soccer Risk assessment Tool Completed (cannot start without confirmation)</b>	YES	YES	YES
<b>Contact Tracing</b>	YES	TBD	TBD
<b>Ontario Soccer Club/Academy RTP Guide (cannot start without use of guide)</b>	YES	YES	YES





Ontario Soccer determines the timelines for each phase in alignment with the Province of Ontario provincial Health Authorities involving government orders, restrictions and guidelines.

Prior to returning to play each organization must:

- Complete ‘Canada Soccer return to Soccer Assessment Tool’
- Receive approval form Local Public Health Unit and incorporate any additional measures applicable to the area
- Share information with membership

## *Canada Soccer – Return to Play Assessment*

*Completed June 2020*

Risk Assessment Level

**Low**

Dear Bracebridge Soccer Club

Thank you for completing Canada Soccer’s Return to Soccer Assessment Tool. Based on the information provided as of the date of this correspondence, we are pleased to advise that your risk is assessed as LOW. When the Provincial and/or Municipal Public Health Authorities provide permission for sports activities to resume you may determine, together with Ontario Soccer, when you wish to renew your club’s activities in accordance with your plan. You are reminded that should your club decide to return to train when restrictions are lifted, either fully or in part, it is the club’s responsibility to ensure that the local conditions for a safe return to the pitch are met and that any impositions set by the local Public Health Authorities are factored into the process moving forward. Further, depending on the timeline between this assessment and when local restrictions are eased, the Club is responsible for continuing to update its mitigation plan as new information is provided by the local authorities.

In addition, Member Association Technical Directors and/or the Canada Soccer Development Department would be happy to discuss with your technical staff alternative training drills that respect social distancing and similar restricted sessions should you wish to take advantage of that opportunity.

Good luck in your return to soccer and stay safe.

Peter Montopoli  
General Secretary, Canada Soccer



## ***Return to Play (RTP) Plan: Step 1 - Individualized Outdoor Training***

### **Overview of Guidelines during Step 1:**

- Soccer organization must have completed the ‘Canada Soccer Return to Soccer Assessment Tool’.
- The organization’s own Return to Play Guide must be aligned with Ontario Soccer’s Return to Play Guide & Government of Ontario guidelines prior to resuming activity.
- Contact tracing must be in place for any activity.

### **Field of Play**

- The total number of participants permitted to be involved in individualized outdoor training activity at any one time is limited to ten (10) participants per field quadrant.
- Physical distancing of at least three (3) meters is required between all participants. (Players, Coaches).
- No contact between participants is permitted during this stage.
- No games or scrimmages are permitted.

### **Bench and Technical Area**

- Masks must be worn by Coaches at all times and by any player sitting on the sidelines.
- Physical distancing of at least three (3) meters is required between all participants.

### **Spectator Area**

- No spectators permitted unless under the age of 18 years who is engaged in activities in the facility may be accompanied by one parent or guardian. Spectators are asked to remain in the parking lot maintaining social distance from other parents.

### **Ingress and Egress Areas, Club house etc.**

- Physical Distancing of three (3) meters required as participants enter and leave the field.
- Masks must be worn by everyone.
- Any locker rooms, change rooms, showers and clubhouses must be closed, except to the extent they provide access to equipment storage, a washroom or a portion of the facility that is used to provide first aid.
- All playing and/or training equipment must be cleaned and disinfected between each use.



## ***Return to Play (RTP) Plan: Step 2 - Team Training and League Games***

### **Overview of Guidelines during Step 2:**

Subject to further direction from the Government of Ontario

## ***Return to Play (RTP) Plan: Step 3 - Continuation of Team Training and League Games***

### **Overview of Guidelines during Step 2:**

Subject to further direction from the Government of Ontario

## ***Age and Stage Recommendations***

### **U6 and under (Active Start)**

- Children this age will struggle with maintaining social distancing
- Each player should be accompanied by a Parent/Guardian
- Players may play 3v3 scrimmages (when in Phase 2)
- Coaches should be overly conservative when setting up spacing for activities

### **U7-U8 (Fundamentals)**

- Children this age need individual interaction to stay engaged
- Each player should be accompanied by a Parent/Guardian
- Players may play 5v5 scrimmages (when in Phase 2)
- Coaches should be overly conservative when setting up spacing for activities

### **U9-U12 (Learn to Train)**

- Players may play 7v7 (U9/U10) or 9v9 (U11/U12) scrimmages (when in Phase 2)
- Coaches should be overly conservative when setting up spacing for activities

### **U13+ (Soccer for Life)**

- Players may play 11v11 scrimmages (when in Phase 2)
- Players should understand what Social Distancing is and be able to maintain it during games/practices



## *Club Guidelines and Recommendations*

- All information in the Ontario Soccer RTP and this guide are widely available to all club members and the public through our club's website.
- All participants must complete a self-assessment prior to participating either using <https://covid-19.ontario.ca/self-assessment/> or another method determined by the team officials.
- All participants are registered in OSCAR, Ontario Soccer's official participant registry.
- Only the club's online portal will be used to complete registration for programs and liability waivers.
- All hygiene measures will be communicated in advance to all participants registered for club programs. Written consent/waiver from registrants/parents/guardians understanding of hygiene requirements.
- PPE will be provided to volunteers and contract staff if requested.
- The Club's COVID-19 Emergency Response Plan will be activated and health authorities will be contacted if an athlete, coach or match official has contracted COVID-19 and support will be provided to the health authorities with contact tracing.
- Verbal and/or documented health checks for symptoms and Contact Tracing Logs will be completed prior to every training session.
  - If an individual is exhibiting symptoms related to COVID-19, they will be sent home immediately.
  - If an individual is experiencing symptoms of fever, cough, shortness of breath, runny nose or sore throat, they are legally obligated to self-isolate. As per the Declaration of Compliance, they are NOT permitted to return to training for 14 days from the day they last experienced symptoms.
- Written approval must be secured from the Town of Bracebridge to use Gostick Park or the Trillium Lakelands District School Board to use public / high school fields for soccer activity.
  - The Club will comply with any additional requirements imposed by the operator of the facilities in which training is taking place. The venue must meet all conditions laid out in this document
- A cleaning/disinfecting plan will be developed in conjunction with the Town of Bracebridge if the clubhouse, changerooms or washrooms are opened ensuring regular sanitization of high touch points.
- For modified games (once in Stage 2), a field marshal will be appointed to ensure compliance with social distancing rules and safety protocols.
  - The field marshal should be a recognized authority within the soccer organization.
- Team sizes will be reduced where possible to allow for social distancing and smaller game formats.
- Participation is limited to the ages and levels that understand and can adhere to the distancing measures and recommendations issued by the provincial government health authorities.
- Activity times are staggered with a 30 min gap between groups utilizing the same field.
- Only one parent/guardian accompany their child/player to the session or modified game and avoid mass gathering of parents. Parents are asked to remain nearby in the event of injury or emergency, but asked to remain in the parking lot.
- Game sheets must have an area where the coach will confirm that players have acknowledged no COVID-19 symptoms.
- Changerooms are not available during stage 1, facility capacities will be reduced to ensure proper social distancing when changerooms/washrooms re-open



## *Team Guidelines and Recommendations*

### **Prior to beginning training session each team must:**

- Review of all RTP guide, protocols and recommendations with players and parents/guardians.
- Communicate all hygiene measures in advance to all players and parents/guardians.
- Communicate all protocols and expectations to all players and parents/guardians.
- Ensure players/parents/guardians are aware of the COVID-19 Self-Assessment App at: <https://covid-19.ontario.ca/self-assessment/> (or another method determined by the team officials)

### **Team Official (Coaches/Managers)**

- Coaches shall hold online meetings with parents/guardians and players regarding RTP protocols prior to first training session.
- Team Officials are responsible to ensure that each player completes a self-assessment prior to training and their attendance is recorded for contact tracing purposes. (see **Appendix B**).
- Individual equipment (balls, pinnies) is encouraged.
- Coaches must wipe down all shared equipment after each session.
- Only the coaching staff should handle equipment.
- For coaches / team officials using electronic devices for instruction (e.g. tablets, touch screens), do not share the devices and clean using alcohol based wipes or sprays or consider the use of wipeable covers.
- Avoid sharing pinnies during training – each player should be assigned their own personal pinnie they do not share and take home and wash. Do not collect team pinnies.
- During Stage 1 all coaches should be wearing a mask/face covering. Especially prior to approaching a player who requires assistance (ie: for First Aid), you must put on a mask or faceshield.
- Plan activities to respect distancing – use cones to ensure areas are identified.
- Identify areas where players may leave their personal belongings spaced adequately apart.
- No hand contact with ball (players).
- Create separate sessions for GK handling of ball - separate equipment should be set aside and used.
- Provide regular water and sanitization breaks – ensure these breaks are staggered by group.
- Ensure that proper hand and hygiene protocols are followed.
- If any individual is experiencing symptoms, they must be sent home immediately (including but not necessarily limited to fever, cough, shortness of breath, runny nose, sore throat).

### **Player Guidelines and Recommendations**

- Do not attend if feeling ill or have any symptoms (including but not necessarily limited to fever, cough, shortness of breath, runny nose, sore throat).
- You must complete a self-assessment prior to arriving at training and report to the Team Officials to have you results and attendance recorded.
- Do not carpool unless with immediate family.
- Always follow instructions from coaches regarding physical distancing.
- Arrive no more than 15 minutes prior to session (Stage 1 training).
- Arrive no more than 30 minutes prior to a game (Stage 2).



- Do not congregate at any spot in the facility / entry or exit point. Maintain physical distancing.
- Arrive prepared to train (e.g. in gear as change rooms will not be available).
- Bring your own water bottle – label it with your name and do not share.
- Do not share your apparel (e.g. pinnie) or equipment (e.g. shin pads, shoes).
- Follow Hygiene protocols.
- Maintain physical distancing (i.e. 3 metres or 10 feet) as required
- Avoid all “non-essential” contact (e.g. no handshakes, no high fives)
- Bring hand sanitizer with you to training and sanitize immediately before and after training as well as during any water break.
- Do not bring handheld electronic devices to field (or keep in bag)

### **Parent/Guardian/Supporter Guidelines and Recommendations**

- Review and adhere to all RTP protocols.
- Be aware of and follow hygiene protocols.
- Ensure players complete a self-assessment prior to arriving at training and report directly to their team official to have their results and attendance recorded.
- Ensure players are healthy and have no symptoms (including but not necessarily limited to fever, cough, shortness of breath, runny nose, sore throat)
- Review all protocols with your children to support their understanding of participation requirements.
- Remind players to arrive dressed and ready.
- Ensure player’s apparel and equipment is washed.
- Only 1 parent/guardian may attend soccer activity.
- Avoid congregating at the fields and keep a reasonable distance from the field. Parents/guardians should remain nearby in the event of injury or emergency but are asked to wait in the parking lot while maintaining social distance from other parents.
- Maintain distancing as required during drop off/pick up, and spectating.
- Understand that if players are not following coaches guidelines they will be asked to leave the field.

### **Match Officials**

- Complete a self assessment prior to arriving at the field.
- Ensure that the ‘Home’ team adds you to their contact tracing log.
- Be aware of the modified rules for the phase and age of play
- Any soccer activity must comply with the social distancing measures and recommendations, along with any gathering restrictions issued by the Province of Ontario health authorities, including the arrival and departure of players (except for family members or persons residing in the same household).
- The Thunder and Lightning Policy will be adjusted to read that if the game is stopped for severe weather, then the game is over in order to avoid gathering of participants in confined areas, and will not be rescheduled due to availability of fields/officials etc.
- Match Officials must arrive in appropriate officiating gear to the game/training (clubhouse/change rooms may not be available).
- Ensure a Field Marshal has been assigned to monitor social distancing
  - Field Marshal should be a recognized authority within the organization and not the match official



- Do not share equipment with other match officials (Use new grip or fresh tape on flags if possible, do not share pens, cards etc.)
- Wash hands prior to leaving for games; bring personal use hand sanitizer to the fields.
- Match Officials have the right to abandon any game where the required COVID-19 protocols are not being followed. In these cases, it must be reported on a Special Incident Report to the appropriate authorities.
- It is recommended that hydration breaks be increased to allow for players and match officials that may be wearing masks/shields to take time to refresh. Please ensure coaches are aware at the start of each game as to the timing of the breaks.
- Officiating Adjustments
  - Player inspections may still be completed, but must be at a distance of no less than three (3) meters (10 feet).
  - Assistant Referees must stand a minimum of three (3) meters (10 feet) from the kicker during corner kicks.
  - Match Officials are to use their foot to pass the ball when transferring to a player (i.e. free kicks), or direct the player to retrieve the ball themselves.
  - It is optional for Assistant Referees to wear face shields/masks as they are positioned closer to spectators and benches. This provides an additional level of protection.
  - Clubs/Districts/Academies/Leagues may determine they need to reduce number of Match Officials needed for a game. League1 Ontario, League1 Ontario Reserve, OUA, OCAA, OPDL, Ontario Cup Semi-finals and Finals will have priority for three (3) officials.

### *General Hygiene Protocol*

- Wash hands with sanitizer immediately before leaving home and after soccer activities and during water breaks.
- Do not spit at any time.
- Label your own water bottle and do not share.
- Cover mouth and nose with tissue or elbow (not your hands) when coughing or sneezing.
- Avoid touching eyes, nose, mouth.
- Shower at home before and after training.

### *Reduce Transmission*

- Any /player/parent/coach/official/staff who is exhibiting symptoms of illness must stay home.
- Recognize and Assess – the virus is transmitted via droplets during close, unprotected contact with an infected person or by touching an infected surface and then eyes, nose, or mouth.
- **If you, or someone you have been in contact with either at work, home or at soccer begins to exhibit symptoms, it is imperative to inform your Coach/Club immediately. You should also:**
  - **Self-Isolate**



- **Contact your primary health care provider**

## *Clubhouse / Fields*

- Coaches shall ensure hand sanitizer is available upon entry/exit to the field
- Prior to entry and at the end of each session, all individuals to properly sanitize hands.
- In the event that a match is being held at a location where there is single entry or exit points to the field. One point should be marked at enter and one should be marked as an exit.
  - Gostick Soccer Field has full access around the field so there will be no identified entry or exit point. Players/parents/guardians will be reminded to leave space between others when walking to and from the field from the parking lot.
- Clean and Disinfect and shared touch points after each session (ie: Team Benches, gates, tables etc...)
- Facility change rooms closed until further notice
- A cleaning/disinfecting plan will be developed in conjunction with the Town of Bracebridge if the clubhouse, changerooms or washrooms are opened ensuring regular sanitization of high touch points.

## *Insurance Coverage / Legal Considerations*

- Players & Coaches will continue to be registered via the Oscar Registration system to ensure full standard coverage through HUB International and Ontario Soccer.
- We have been advised by Ontario Soccer and our own personal insurance brokers that there is no current “pandemic” coverage available.
- Bracebridge Soccer Club will be applying a pandemic exclusion clause, which is being applied across all amateur sports throughout Canada.
- Youth and Adult waivers will be required to be completed by all members/players prior to return to play. Without a signed waiver, participation will not be granted.
- Youth and Adult Waivers are required for all participants registered with the Bracebridge Soccer Club. Waivers can be found in **Appendices D to F**:
  - 1) Release of Liability, waiver of claims and indemnity agreement; and
  - 2) Declaration of Compliance

## *COVID-19 EMERGENCY RESPONSE PLAN (ERP)*

An emergency Response plan has been developed to ensure that all involved understand their roles and responsibilities in the Return to Play process and the process in the event that a positive COVID-19 case is reported to the club. (See **Appendix A** for the Clubs ERP for injuries on the field)

### *Pre-Pandemic Phase*





<i>Activity</i>	<b>Lead Responsibility</b>
COVID-19 ERP Leader	Administrator
Complete Canada Soccer/ Ontario Soccer Online Risk Assessment	President
Educate all internal leaders on RTP protocols	Vice President, Programs
Communication to health authorities if there is a positive test for COVID-19 in the organization	Administrator
Verify Ontario Soccer, Municipal Government, and Provincial Government permissions for RTP	President
<b>Positive Test Phase</b>	
<i>Activity</i>	<b>Lead Responsibility</b>
Consistent with Federal/Provincial regulations, acts, laws, etc. Coaches, staff, officials, and families of players should self-report to the ERP Lead if:	Coach, Team Manager, Players, Parents/Guardians
a. they have symptoms of COVID-19 or	
b. a positive test for COVID-19 is recorded, or	
c. were exposed to someone with COVID-19 within the last 14 days	
<b><u>Advise Sick Individuals to Stay Home</u></b> Sick coaches, staff members, officials, or players should not return until they are well enough based on Public Health Agency of Canada and Provincial Health Authority guidelines.	Administrator
<b><u>Isolate and/or Transport Those Who are Sick at Club/Academy Activities</u></b> Ensure that coaches, staff, officials, players, and families know that sick individuals should not attend a Club or Academy activity, and that they should notify officials if they (staff) or their child (families) become sick with COVID-19 symptoms, test positive for COVID-19, or have been exposed to someone with COVID-19 symptoms or a confirmed or suspected case.	Administrator, Coach, Team Manager
Coaches, staff, officials, and players with COVID-19 symptoms (i.e., fever, cough, shortness of breath) at any club activity must be immediately separated and isolated. Individuals who are sick should go home or to a healthcare facility, depending on how severe their symptoms are, contact their Family Physician, and follow Health Agency guidance for caring for oneself and others who are sick. Individuals who have had close contact with a person who has symptoms should be separated and sent home as well. If symptoms develop, individuals and families should follow Health Agency guidelines for caring for oneself and others who are sick.	Coach, Team Manager, Players
Parent contact information shall be readily available; parents within a safe, socially distanced but easily accessible waiting area; or if you are calling an ambulance or bringing someone to the hospital. If calling an ambulance, please alert them that the person may have COVID-19.	Coach, Team Manager
Clean and Disinfect Areas Close off areas used by a sick person and do not use these areas until after cleaning and disinfecting them (for outdoor areas, this includes surfaces or shared objects in the area).	Coach, Team Manager
<b>Post Pandemic Phase</b>	
<i>Activity</i>	<b>Lead Responsibility</b>



<b>Action and Communications</b> a. Confirm Provincial Health Officer has declared the COVID-19 pandemic is over.	President
b. Send official written notice to your membership (i.e., volunteers, staff, coaches, parents, players, match officials) that the pandemic is officially over, the province's state of emergency order has been lifted and soccer activities can resume its full operations. Note: During this phase, there may be specific sport protocols to follow from Canada Soccer/Ontario Soccer and/or the Provincial health authorities (i.e., implementation of Infection Control Policies and Procedures).	President
c. Conduct a full review of COVID-19 Return to Play Implementation Plan as well as COVID-19 Emergency Response Plan. Include a list of recommendations for improvements.	Administrator
d. Update Bracebridge SC Emergency Response Plan (ERP) and Emergency Action Plan (EAP) for future use and have approved.	Administrator in conjunction with Board of Directors

## ***Appendix A: Emergency Action Plan***

### BRACEBRIDGE SOCCER CLUB EMERGENCY ACTION PLAN (EAP) GUIDELINES

UPDATED JULY 2020

#### **Emergency Action Plan: Rationale – Summary – Outline**

Sport injuries can occur during soccer practices and games. An Emergency Action Plan (EAP) is a plan that team officials implement to help them respond appropriately to emergency situations. EAPs should be prepared by team officials in advance of the season, and are specific to the facilities or sites used for team events (practices, games, training sessions, team building activities, etc.).

The main components of an EAP are:

- Designating a Charge Person, as well as a back-up
- Designating a Call Person, as well as a back-up, with charged cell phone
- Identifying addresses and phone numbers for sites, hospitals and emergency services
- Prepare and communicate directions for emergency personnel to reach site as quickly as possible
- Having player medical profiles and contact information on hand for emergency personnel
- Having a first aid kit properly stocked and easily accessible
- Complete an Injury Report form
- Contact parents regarding the incident



An EAP should be activated in the event of a **serious** injury, or when an injured person:

- Is not breathing
- Does not have a pulse
- Is bleeding profusely
- Has impaired consciousness
- Has injured their back, neck or head
- Has a visible major trauma to a limb

The team officials are responsible for ensuring the First Aid Kit and the players medical profiles are present at all soccer related activities. If First Aid Kits require updating/replenishing, team officials should connect with the club administrator. ***In addition, all infection prevention and prevention and control measures (e.g. as outlined in the RTP guide) must be followed.***

The **Charge Person** may be trained in First Aid, should have completed **Making Headway in Soccer** and begins to enact the EAP:

- Stops all soccer related activities in the vicinity of the injury, clears the risk of further harm to the injured player(s), secures the area, shelters the injured player from the elements
- Stays with the injured player(s) and tries to keep the injured player(s) calm until EMS arrives
- Directs the **Call Person** to call the appropriate emergency services (or 911)
- Designates someone to be in charge of the other players/participants
- Uses personal protective gear if necessary (e.g. gloves if blood involved)
- Assesses Airway, Breathing and Circulation of injured player
- Provides basic first aid, if required, using supplies from the first aid kit
- Completes an Injury Report and submits to club administrator within 24 hours
- Advises club administrator by phone/email as soon as possible of the injury

The **Call Person** is responsible for:

- Calling for emergency help (or 911)
- Providing all necessary information to dispatch (location, nature of injury, player demographics, first aid delivered thus far)
- Report back to the **Charge Person** with any updates from dispatch/emergency personnel
- Clearing traffic from entrance/access to field prior to ambulance arriving
- Waiting by the entrance to direct emergency personnel to the injured player
- Calling the emergency contact person listed on the player's medical profile

In the event of a serious injury to a player, the EAP should be implemented immediately. The **Charge Person** should advise the club administrator by phone or email of the incident as soon as possible. The **Charge Person** must complete an injury/incident report and submit it to the club administrator within 24 hours.

### EAP Checklist



To assist team officials in be prepared in advance of the season, the following checklist has been devised to ensure all elements of the EAP are ready.

<input type="checkbox"/>	Access to phones	<ul style="list-style-type: none"> <li>Ensure that at least one team official has a fully charged cell phone at every soccer event</li> </ul>
<input type="checkbox"/>	Directions to facilities	<ul style="list-style-type: none"> <li>Accurate directions to all facilities (including training grounds, indoor facilities, home/away games, team building activities, etc.)</li> <li>Knowledge of local/nearest hospital</li> </ul>
<input type="checkbox"/>	Player Information	<ul style="list-style-type: none"> <li>Copies of all player medical information forms, including emergency contact information (suggest a team binder that accompanies the First Aid Kit and Equipment Bag)</li> <li>Knowledge of any pre-existing medical conditions</li> <li>Should be prepared to share this information with EMS</li> </ul>
<input type="checkbox"/>	EAP Action Plan	<ul style="list-style-type: none"> <li>NCCP EAP Action Plan should be completed for your home field and practice fields</li> <li>Adapt your NCCP EAP Action Plan for away games, as needed</li> <li>Identify a Charge Person and a Call Person</li> </ul>
<input type="checkbox"/>	First Aid Kit	<ul style="list-style-type: none"> <li>A first aid kit, including ice packs, is provided to each development and representative team at the beginning of the season.</li> <li>Ensure that supplies are replenished as they are used – contact the club administrator for supplies.</li> </ul>

### LIST OF LOCAL HOSPITALS

#### Bracebridge

South Muskoka Memorial Hospital, Muskoka Algonquin Hospital  
 24 Hour Emergency Department  
 75 Ann St., Bracebridge, Ontario  
 705-645-4404

#### Huntsville

Huntsville District Memorial Hospital, Muskoka Algonquin Hospital  
 24 Hour Emergency Department  
 100 Frank Miller Dr., Huntsville, Ontario  
 705-789-2311

#### Orillia

Soldier's Memorial Hospital  
 24 Hour Emergency Department  
 170 Colborne St. W., Orillia, Ontario



705-325-2201

Barrie

Royal Victoria Regional Health Centre  
24 Hour Emergency Department  
201 Georgian Dr., Barrie, Ontario  
705-728-9802

### LIST OF LOCAL SOCCER FACILITIES

Gostick Soccer Park  
Outdoor soccer only  
25 Hamblin Dr.  
Bracebridge, ON

Bracebridge and Muskoka Lakes Secondary School  
Indoor and outdoor soccer  
100 Clearbrook Trail,  
Bracebridge, ON

Saint Dominic Catholic Secondary School  
Indoor and outdoor soccer  
955 Cedar Lane,  
Bracebridge, ON

Conroy Park  
Outdoor soccer only  
120 Brunel Rd.,  
Huntsville, ON

McCulley-Robertson Sports Complex  
Outdoor soccer only  
300 Williams St.  
Huntsville, ON

Monck Public School  
Indoor and outdoor soccer



250 Wellington St.  
Bracebridge, ON

Bracebridge Public School  
Indoor and outdoor soccer  
90 McMurray St.  
Bracebridge, ON



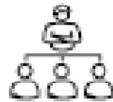


**EMERGENCY ACTION PLAN (EAP)**

Date: Summer 2020

Event: Home Games

Location: Gostick Soccer Park



**Charge Person**

**Head Coach**

Backup

Assistant Coach

Backup

Manager

**Call Person**

**Assistant Coach**

Backup

Manager

Backup

Team Parent



**Important Addresses**

**Site or Facility (Address, City, Province)**

Gostick Soccer Park  
25 Hamblin Dr.  
Bracebridge, On

**Nearest Hospital (Address, City, Province)**

South Muskoka Memorial Hospital  
75 Ann St.  
Bracebridge, ON

**Additional Location Information**

Also entrance on Donald St. (fields #1 #2)



**Emergency Phone Numbers**

**Emergency Services**

911

**Facility Manager or Superintendent**

N/A

**Other**

Have player's medical consent form ready





## EMERGENCY ACTION PLAN (EAP)

Date: Summer 2020

Event: Home Games

Location: Gostick Soccer Park

### Directions to site/facility

Fields 1 to 4:

- North on Maitoba St.
- Right turn (east) on Hamblin Dr.
- Go to the end of Hamblin, thru the gates into soccer fields

For players who cannot be moved from the field of play, ambulances can directly access the fields via the southeast corner of the park, close to where the gate near Donald St. opens to the parking lot.

Alternate entrance off of Donald Street.

### Charge Person Responsibilities

1. Conduct an initial assessment of the injury.
2. Designate someone to watch the other participants (stop all activities and ensure all participants are in a safe area if nobody is available to supervise).
3. Wait with the injured participant and help keep them calm until emergency medical services arrive and conduct their assessment of the injury.
4. Record the injury using their club's accident report form.

### Call Person Responsibilities

1. Call for emergency help.
2. Provide all necessary information to dispatch.
  - The facility location
  - The closest access door to the injured participant
  - The nature of the injury
  - A description of first aid that has been performed
  - Other medical information, such as allergies or medical conditions
3. Clear any traffic from the facility entrance or access road before the ambulance arrives.
4. Wait by the entrance to direct the ambulance.
5. Call the participant's emergency contact person.
6. Assist the charge person as needed.

### REMINDERS

- You can save and re-use this form to prepare an EAP for your usual practice site and for any site where you host competitions.
- When preparing for away competitions, ask the host team or host facility for a copy of their EAP in advance.
- Attach the medical profile and parent or caregiver contact information for each participant to this emergency action plan.





## *Appendix B: COVID-19 Symptoms Checklist*

72

### **COVID-19 SYMPTOMS CHECKLIST FOR STAFF/COACHES/PARTICIPANTS**

<b>Do you have any of the below symptoms?</b>			
1	a. Fever (greater than 38.0 C)?	YES	NO
	b. Cough?	YES	NO
	c. Shortness of breath / difficulty breathing?	YES	NO
	d. Sore throat?	YES	NO
	e. Runny nose?	YES	NO
2	Has anyone in your household experienced any of the above symptoms in the last 14 days?	YES	NO
3	Have you, or anyone in your household travelled outside of Canada in the last 14 days?	YES	NO
4	Have you, or anyone in your household been in contact in the last 14 days with someone who is being investigated as a suspected case of COVID-19?	YES	NO
5	Are you currently being investigated as a suspected case of COVID-19?	YES	NO
6	Have you tested positive for COVID-19 within the last 10 days?	YES	NO

If an individual answers "YES" to any of the above questions, they are not permitted to participate in any in-person soccer activity for a minimum of 14 days.



## ***Appendix C: Bracebridge Soccer Club Contact Tracing Log***

### **CONTACT TRACING LOG – BRACEBRIDGE SOCCER CLUB**

All players, coaches, volunteers and parents/guardians who drop off their children must be included in this log. The log can be electronic or completed on site by a responsible adult.

The information collected on this document is being collected to assist in the management of the COVID-19 pandemic. This information will be kept in a safe and secure location and will be provided to Ontario Health Services on request if it is required for contact tracing purposes.

The team and club will not use this information for any other purpose and will destroy this record after six weeks. Under Privacy Regulations you have a right to access and correct any information we hold about you.

<b>Date</b>	<b>Full Name</b>	<b>Address</b>	<b>E-mail</b>	<b>Phone #</b>	<b>Time IN</b>	<b>Time OUT</b>



## ***Appendix D: Ontario Soccer Waiver for Participants of the Age of Majority and Over***

ONTARIO SOCCER

**RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT**

*(To be signed by Participants of the age of majority and over)*

**WARNING! By signing this document, you will waive certain legal rights. Please read carefully.**

1. This is a binding legal agreement. Clarify any questions or concerns before signing. As a Participant in activities, programs, classes, services provided and events sponsored or organized by Ontario Soccer and its affiliated districts, leagues, clubs and teams and the sport of soccer, including but not limited to: games, tournaments, practices, training, personal training, dry land training, use of strength training and fitness conditioning equipment, machines and facilities, nutritional and dietary programs, orientational or instructional sessions or lessons, aerobic and anaerobic conditioning programs (collectively the “Activities”), the undersigned acknowledges and agrees to the following terms outlined in this agreement:

### **Disclaimer**

Ontario Soccer, its affiliated districts, leagues, clubs and teams, and their respective directors, officers, committee members, members, employees, coaches, volunteers, officials, participants, agents, independent contractors, subcontractors, sponsors, owners/operators of the facility in which the Activities take place, , successors and assigns, and representatives (the “Organization”) are not responsible for any injury, property damage, expense, loss of income, damage or loss of any kind suffered by a Participant during, or as a result of, the Activities, caused in any manner whatsoever including, but not limited to, the negligence of the Organization.

***I have read and agree to be bound by paragraphs 1 and 2.***

### **Description of Risks**

I understand and acknowledge that

The Activities have foreseeable and unforeseeable inherent risks, hazards and dangers that no amount of care, caution or expertise can eliminate, including without limitation, the potential for serious bodily injury, permanent disability, paralysis and loss of life;

The Organization may offer or promote online programming (such as webinars, remote conferences, workshops, and online training) which have different foreseeable and unforeseeable risks than in-person programming;

The Organization has a difficult task to ensure safety and it is not infallible. The Organization may be unaware of my fitness or abilities, may misjudge weather or environmental conditions, may give incomplete warnings or instructions, and the equipment being used might malfunction; and

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19; however, the Organization cannot guarantee that the Participant will not become infected with COVID-19. Further, attending the Activities could increase your risk of contracting COVID-19.

2. I am participating voluntarily in the Activities. In consideration of my participation, I hereby acknowledge that I am aware of the risks, dangers and hazards associated with or related to the Activities which could result in damage, loss, serious physical injury, or death. The risks, dangers and hazards include, but are not limited to, injuries from:
  - a) Health: executing strenuous and demanding physical techniques, physical exertion, overexertion, stretching, dehydration, fatigue, cardiovascular workouts, rapid movements and stops, lack of fitness or conditioning, traumatic injury, bacterial infections, rashes, and the transmission of communicable diseases, including viruses of all kinds, COVID-19, bacteria,



- parasites or other organisms or any mutation thereof.
- b) Premises: defective, dangerous or unsafe condition of the facilities; falls; collisions with objects, walls, equipment or persons; dangerous, unsafe, or irregular conditions on grass, turf or other surfaces, extreme weather conditions; travel to and from premises
  - c) Use of Equipment: mechanical failure of the equipment; negligent design or manufacture of the equipment; the provision of or the failure by the Organization to provide any warnings, directions, instructions or guidance as to the use of the equipment; failure to use or operate the equipment within my own ability.
  - d) Contact: contact with soccer balls, other equipment, poles, stands, soccer equipment, nets, fences, or other persons, whether intentional or unintentional, is a common part of soccer programs, and may lead to serious bodily injury, including but not limited to concussions and/or other brain injury, or serious spinal injury.
  - e) Advice: negligent advice regarding soccer programs
  - f) Ability: Failing to act safely or within my own ability or within designated areas
  - g) Sport: the game of soccer and its inherent risks
  - h) Conduct: My conduct and conduct of other persons including any physical altercation between soccer participants
  - i) Travel: Travel to and from the Activities
  - j) Negligence: My negligence and negligence of other persons, including NEGLIGENCE ON the PART OF THE ORGANIZATION, may increase the risk of damage, loss, personal injury or death. I understand that the Organization may fail to safeguard or protect me from the risks, dangers and hazards of soccer programs, some of which are referred to above.

### Terms

3. In consideration of the Organization allowing me to participate in the Activities, I agree:
  - a) That my mental and physical condition is appropriate to participate in the Activities and I assume all risks related to my mental or physical condition;
  - b) That when I practice or train in my own space, I am responsible for my surroundings and the location and equipment that I select;
  - c) To comply with the rules and regulations for participation in the Activities;
  - d) To comply with the rules of the facility or equipment;
  - e) That if I observe an unusual significant hazard or risk, I will remove myself from participation and bring such to the attention of a The Organization representative immediately;
  - f) The risks associated with the Activities are increased when I am impaired, and I agree not to participate if impaired in any way;
  - g) That it is my sole responsibility to assess whether any Activities are too difficult for me. By commencing an Activity, I acknowledge and accept the suitability and conditions of the Activity;
  - h) That I am responsible for my choice of protective equipment and the secure fitting of that equipment; and
  - i) That COVID-19 is contagious in nature and I may be exposed to or infected by COVID-19 and such exposure may result in personal injury, illness, permanent disability or death and voluntarily agree to assume all the foregoing risks.

**I have read and agree to be bound by paragraphs 3 -5.**

### Release of Liability and Disclaimer

4. In consideration of the Organization allowing me to participate in the Activities, use its equipment and facilities, I agree:
  - a) That the sole responsibility for my safety remains with me;
  - b) To ASSUME all risks arising out of, associated with or related to my participation;
  - c) That I am not relying on any oral or written statements made by the Organization or its agents, whether in a brochure or advertisement or in individual conversations, to agree to be involved in the Activities;
  - d) To WAIVE any and all claims that I may have now or in the future against the Organization;
  - e) To freely ACCEPT AND FULLY ASSUME all such risks and possibility of personal injury, death, property damage, expense and related loss, including loss of income, resulting from my participation in the activities, events and programs of the Organization;
  - f) To FOREVER RELEASE AND INDEMNIFY the Organization from any and all liability for any and all claims, demands, actions, damages (including direct, indirect, special and/or consequential), losses, actions, judgments, and costs (including legal fees) (collectively, the "Claims") which I have or may have in the future, that might arise out of, result from, or relate to my participation in the Activities, even though such Claims may have been caused by any manner whatsoever, including but



not limited to, the negligence, gross negligence, negligent rescue, omissions, carelessness, breach of warranty, breach of contract and/or breach of any statutory duty of care of the Organization;

- g) TO HOLD HARMLESS AND INDEMNIFY the Organization from any and all liability for any damage, loss, expense or injury to any third party resulting from my participation in the Activities.
- h) To FOREVER RELEASE AND INDEMNIFY the Organization relating to becoming exposed to or infected by COVID-19 which may result from the actions, omission or negligence of myself and others, including but not limited to the Organization;
- i) That the Organization is not responsible or liable for any damage to my vehicle, property, or equipment that may occur as a result of the Activities;
- j) That negligence includes failure on the part of the Organization to take reasonable steps to safeguard or protect me from the risks, dangers and hazards associated with the Activities; and
- k) This release, waiver and indemnity is intended to be as broad and inclusive as is permitted by law of the Province of Ontario and if any portion thereof is held invalid, the balance shall, notwithstanding, continue in full legal force and effect.

**Jurisdiction**

5. I agree that in the event that I file a lawsuit against the Organization, I agree to do so solely in the province of Ontario, Canada and further agree that the substantive law of Ontario will apply without regard to conflict of law rules. I further agree that if any portion of this agreement is found to be void or unenforceable, the remaining document shall remain in full force and effect.

I have read and agree to be bound by paragraphs 6-7

**Acknowledgement**

6. I acknowledge that I have read and understand this agreement, that I have executed this agreement voluntarily, and that this agreement is to be binding upon myself, my heirs, spouse, children, parents, guardians, next of kin, executors, administrators and legal or personal representatives. I further acknowledge by signing this agreement I have waived my right to maintain a lawsuit against the Organization on the basis of any claims from which I have released herein.

**Acknowledgement**

7. I acknowledge that I have read this agreement and understand it, that I have executed this agreement voluntarily, and that this agreement is to be binding upon myself, my heirs, spouse, children, parents, guardians, next of kin, executors, administrators and legal or personal representatives.

\_\_\_\_\_  
Name of Participant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Witness

***Appendix E: Ontario Soccer Waiver to be executed for  
Participants under the Age of Majority***

**ONTARIO SOCCER  
INFORMED CONSENT AND ASSUMPTION OF RISK AGREEMENT  
(To be executed by Participants under the age of majority)**

**WARNING! By signing this document, you will assume certain risk and responsibilities. Please read carefully!**

Participant's Name: \_\_\_\_\_



1. This is a binding legal agreement. Clarify any questions or concerns before signing. As a Participant in activities, programs, classes, services provided and events sponsored or organized by Ontario Soccer and its affiliated districts, leagues, clubs and teams (collectively the “Organization”) and the sport of soccer, including but not limited to: games, tournaments, practices, training, personal training, dry land training, use of strength training and fitness conditioning equipment, machines and facilities, nutritional and dietary programs, orientational or instructional sessions or lessons, aerobic and anaerobic conditioning programs (collectively the “Activities”), the undersigned being the Participant and Participant’s Parent/Guardian (collectively the “Parties”) acknowledges and agrees to the following terms outlined in this agreement:
2. I am the Parent/Guardian of the Participant and have full legal responsibility for the decisions of the Participant.

### **Description of Risks**

3. The Parties understand and acknowledge that:
  - a) The Activities have foreseeable and unforeseeable inherent risks, hazards and dangers that no amount of care, caution or expertise can eliminate, including without limitation, the potential for serious bodily injury, permanent disability, paralysis and loss of life;
  - b) The Organization may offer or promote online programming (such as webinars, remote conferences, workshops, and online training) which have different foreseeable and unforeseeable risks than in-person programming;
  - c) The Organization has a difficult task to ensure safety and it is not infallible. The Organization may be unaware of the Participant’s fitness or abilities, may give incomplete warnings or instructions, may misjudge weather or environmental conditions, and the equipment being used might malfunction; and
  - d) The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19; however, the Organization cannot guarantee that the Participant will not become infected with COVID-19. Further, attending the Activities could increase your risk of contracting COVID-19.
4. The Participant is participating voluntarily in the Activities. In consideration of that participation, the Parties hereby acknowledge that they are aware of the risks, dangers and hazards and may be exposed to such risks, dangers and hazards. The risks, dangers and hazards include, but are not limited to:
  - a) Contracting COVID-19 or any other contagious disease;
  - b) Executing strenuous and demanding physical techniques;
  - c) Vigorous physical exertion, strenuous cardiovascular workouts and rapid movements;
  - d) Exerting and stretching various muscle groups;
  - e) The failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment;
  - f) Spinal cord injuries which may render the Participant permanently paralyzed;
  - g) Serious injury to virtually all bones, joints, ligaments, muscles, tendons and other aspects of the Participant’s body or to the Participant’s general health and well-being;
  - h) Abrasions, sprains, strains, fractures, or dislocations;
  - i) Concussion or other head injuries, including but not limited to, closed head injury or blunt head trauma;
  - j) Physical contact with other participants, spectators, equipment, and hazards;
  - k) Not wearing appropriate safety or protective equipment, such a helmet;
  - l) Failure to act safely or within the Participant’s ability or within designated areas;
  - m) Grass, turf, and other surfaces including bacterial infections and rashes;
  - n) Collisions with fences, poles, stands, and soccer equipment;
  - o) Negligence of other persons, including other spectators, participants, or employees;
  - p) Weather conditions; and
  - q) Travel to and from competitive events and associated non-competitive events which are an integral part of the Activities

*We have read and agree to be bound by paragraphs 1 - 4*

### **Terms**

5. In consideration of the Organization allowing the Participant to participate in the Activities, the Parties agree:
  - a) That the Participant’s mental and physical condition is appropriate to participate in the Activities;
  - b) That when the Participant practices or train in his or her own space, the Parties are responsible for the Participant’s



- surroundings and the location and equipment that is selected for the Participant;
  - c) To comply with the rules and regulations for participation in the Activities;
  - d) To comply with the rules of the facility or equipment;
  - e) That if the Participant observes an unusual significant hazard or risk, the Participant will remove themselves from participation and bring such to the attention of an Organization representative immediately;
  - f) The risks associated with the Activities are increased when the Participant is impaired and the Participant agrees not to participate if impaired in any way;
  - g) That it is their sole responsibility to assess whether any Activities are too difficult for the Participant. By the Participant commencing an Activity, they acknowledge and accept the suitability and conditions of the Activity;
  - h) That they are responsible for the choice of the Participant’s protective equipment and the secure fitting of the protective equipment;
  - i) That COVID-19 is contagious in nature and the Participant may be exposed to or infected by COVID-19 and such exposure may result in personal injury, illness, permanent disability or death and voluntarily agree to assume all of the foregoing risks.
6. In consideration of the Organization allowing the Participant to participate, the Parties agree:
- a) That the Parties are not relying on any oral or written statements made by the Organization or their agents, whether in brochure or advertisement or in individual conversations, to agree to be involved in the Activities; and
  - b) That the Organization is not responsible or liable for any damage to the Participant’s vehicle, property, or equipment that may occur as a result of the Activities.

*We have read and agree to be bound by paragraphs 5-6*

**General**

- 7. The Parties agree that in the event that they file a lawsuit against the Organization, they agree to do so solely in the province of Ontario, Canada and they further agree that the substantive law of Ontario will apply without regard to conflict of law rules.
- 8. The Parties expressly agree that this Agreement is intended to be as broad and inclusive as is permitted by law and that if any of its provisions are held to be invalid, the balance shall, notwithstanding, continue in full legal force and effect.

**Acknowledgement**

- 9. The Parties acknowledge that they have read this agreement and understand it, that they have executed this agreement voluntarily, and that this Agreement is to be binding upon themselves, their heirs, their spouses, parents, guardians, next of kin, executors, administrators and legal or personal representatives.

\_\_\_\_\_ Signature of Participant \_\_\_\_\_  
 Name of Participant (print) Date of Birth

\_\_\_\_\_ Signature of Parent or Guardian  
 Name of Parent or Guardian (print)

\_\_\_\_\_  
 Date







## ***Appendix F: Ontario Soccer – Declaration of Compliance – COVID-19***

### **DECLARATION OF COMPLIANCE – COVID-19**

Individual Name (print): \_\_\_\_\_

Individual's Parent/Guardian \_\_\_\_\_  
(if the individual is younger than 18 years old)

Email: \_\_\_\_\_

Telephone: \_\_\_\_\_

#### **WARNING !**

#### **ALL INDIVIDUALS ENTERING THE FACILITY MUST COMPLY WITH THIS DECLARATION**

Ontario Soccer and its affiliated districts, leagues, clubs and teams (collectively the “Organization”) require the disclosure of exposure or illness in order to safeguard the health and safety of all participants and limit the further outbreak of COVID-19. This Declaration of Compliance will be kept safely, and personal information will not be disclosed unless as required by law or with your consent.

An individual (or the individual's parent/guardian, if the individual is younger than 18 years old) who is unable to agree to the terms outlined in this document is not permitted to enter the Organization's facilities or participate in the Organization's activities, programs, or services.

I, the undersigned being the individual named above and the individual's parent/guardian (if the individual is younger than 18 years old), hereby acknowledge and agree to the terms outlined in this document:

- 1) The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19 and requires all individuals (or their parent/guardian, when applicable) to adhere to the compliance standards described in this document.
- 2) The individual has not been diagnosed with COVID-19. **OR** If the individual was diagnosed with COVID-19, the individual was cleared as noncontagious by provincial or local public health authorities.
- 3) The individual has not been exposed to a person with a confirmed or suspected case of COVID-19. **OR** If the individual was exposed to a person with a confirmed or suspected case of COVID-19, the date of exposure was more than 14 days prior to the date this Declaration of Compliance was signed.
- 4) The individual is attending or participating voluntarily and understands the risks associated with COVID-19. The individual (or the individual's parent/guardian, on behalf of the individual (when applicable)) agrees to assume those risks, including but not limited to exposure and being infected.



- 5) The individual has not, nor has anyone in the individual’s household, experienced any signs or symptoms of COVID-19 in the last 14 days (including fever, new or worsening cough, fatigue, chills and body aches, respiratory illness, difficulty breathing, nausea, vomiting or diarrhea, pink eye, or loss of taste or smell).
- 6) If the individual experiences, or if anyone in the individual’s household experiences, any signs or symptoms of COVID-19 after submitting this Declaration of Compliance, the individual will immediately isolate, notify the Organization, and not attend any of the Organization’s facilities, activities, programs or services until at least 14 days have passed since those symptoms were last experienced.
- 7) The individual has not, nor has any member of the individual’s household, travelled to or had a lay-over in any country outside Canada in the past 14 days. If the individual travels, or if anyone in the individual’s household travels, after submitting this Declaration of Compliance, the individual will not attend any of the Organization’s facilities, activities, programs or services until at least 14 days have passed since the date of return.
- 8) The individual is following recommended guidelines, including but not limited to practicing physical distancing, trying to maintain separation of six feet from others, adhering to recognized hygiene best practices, and otherwise limiting exposure to COVID-19.
- 9) The individual will follow the safety, physical distancing and hygiene protocols of the Organization.
- 10) This document will remain in effect until the Organization, per the direction of the provincial government and provincial and local public health authorities, determines that the acknowledgements in this Declaration of Compliance are no longer required.
- 11) The Organization may remove the individual from the facility or from participation in the activities, programs or services of the Organization at any time and for any reason if the Organization believes, in its sole discretion, that the individual is no longer in compliance with any of the standards described in this document.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Individual (If 13 and over)

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Parent/Guardian (if the individual is younger than 18 years old)

## ***SUMMARY***

In summary, the “Return to Play Protocols” included in this document represent multiple phases, and includes recommendations and guidelines directed by Ontario Soccer for affiliated Clubs and Ontario Registered Academies participating in sanctioned soccer activities. When we have received clearance to return to play from both Canada Soccer, the Province of Ontario, and local health authorities, the new reality for all of us will be that soccer will look different for a while. We will not be able to kick the game off as we have done in the past.



**The collective focus, during the Return to Play Three-Step Plan must be centered on the health and safety of our participants.**

The multiple phase approach, with varying degrees of time in between phases, will ensure the highest level of safety for everyone involved in the game.

