



## Minnetonka Cross Country All-Time Bests for Gale Woods 5k Course (Since course opened in 2003)

Nick Gilles 2021	15:16.3	Reese Thompson 2017	16:54.4
Matt Wilkinson 2016	15:39.5	Christian Skaret 2008	16:59.1
Andrew Vos 2021	15:53.6	Fausto Chong-Memijie	17:02.2
Mac Karrick 2017	15:55.0	Ryan Bailey 2005	17:04.8
Adam Wilkinson 2017	16:01.0	Adam Wilkinson 2015	17:10.4
Max Lauerman 2018	16:01.2	Aaron Nemitz 2010	17:21.8
Beau Pullman 2017	16:02.6	Nate Kusar 2018	17:25.0
Christian Skaret 2010	16:02.9	Denis Terzic 2006	17:25.1
Kyle Anderson 2011	16:07.5	Jake Lee 2007	17:35.2
Josh Koehnen 2020	16:13.8	Alec McElhinny 2012	17:35.8
Reese Thompson 2018	16:17.9	Parker Barry 2021	17:36.7
Ryan Bailey 2007	16:22.7	Max Westerlund 2020	17:43.1
Scott Kvidera 2013	16:22.7	Jimmy Sebold 2011	17:44.0
Max Westerlund 2021	16:29.2	Nevin Switz 2020	17:44.4
Nick Emmans 2007	16:31.3	Nate Janssen 2010	17:46.6
Ryan Fries 2021	16:33.7	Adam McCollor 2016	17:54.8
Ricardo Celleri 2011	16:34.8	Ben Englund 2004	17:55.2
Easton Freed 2021	16:37.8	Alex Tyre 2007	18:00.1
Harry Koeppen 2018	16:38.9	Dan Schlesinger 2005	18:00.5
Ben Englund 2006	16:47.6	John Goetz 2005	18:05.9
Adam McCollor 2017	16:48.3	Tyler Vos 2021	18:08.3
Aaron Nemitz 2011	16:49.8	Ben Cox 2007	18:08.8
Maxwell Kuzara 2012	16:50.6	Zak Crawford 2017	18:09.3
Fausto Chong Memijie 2020	16:50.6	Charlie Herrmann 2003	18:13.0
Jacob Herrman 2016	16:51.0		
Cedric Caille 2016	16:52.3		
Mason Kiffmeyer 2016	16:54.8		
Jake Lee 2008	16:55.3		
Cullen Thiss 2012	16:57.3		
Nate Janssen 2012	16:57.9		
Zak Crawford 2018	16:58.7		
Ryan Anderson 2007	16:59.4		
Brendan Jackson 2005	17:00.2		
Eric Anenson 2008	17:01.2		
Charlie Hansen 2008	17:03.1		
Aiden Chalmers 2020	17:04.1		
Tyler Pietrick 2003	17:05.0		
Tom Bissen 2013	17:05.1		
Sam Friesen 2012	17:05.8		
Chad Riddersen 2004	17:06.0		
Jimmy Sebold 2012	17:06.3		
John Goetz 2007	17:08.3		
Mike Roden 2004	17:09.0		
Jon Andersen 2006	17:11.9		
Casey Halbmaier 2012	17:14.4		

### Sophomore Bests

Nick Gilles 2020	16:03.3
Matt Wilkinson 2014	16:09.5
Max Lauerman 2017	16:33.2
Scott Kvidera 2011	16:44.4
Harry Koeppen 2017	16:50.3

### Freshman and under

Sean Fries - 8th 2021	16:56.4
Max Lauerman 2016	16:58.2
Matt Wilkinson 2013	17:05.8
James Thomas 2021	17:09.9
Nick Gilles 2020	17:11.7
Mason Kiffmeyer 2012	17:40.0
Harry Koeppen 2016	17:40.6
Reese Thompson 2016	17:40.8
J.D. Landstrom 2020	17:45.5
Will Chose 2021	17:50.3
Kyle Anderson 2008	17:57.4
Lloyd Laninga 2021	17:59.4
Scott Kvidera 2012	18:04.9
Denis Terzic 2005	18:05.7
Liam Cassidy 2020	18:07.6
Dylan Schneider 2021	18:12.0
Jonathan Croskey 2012	18:12.8
Ryan Bailey 2004	18:14.4
Jackson Downin 2021	18:21.9
Christian Skaret 2007	18:23.1
Ben Englund 2003	18:30.0
Fausto Chong-Memijie 2017	18:30.2
Aaron Nemitz 2009	18:30.5
Ricardo Celleri 2008	18:33.6
Calvin Horst 2012	18:35.7