



2022 FREEDOM WRESTLING

ALL AGES. ALL SKILL LEVELS. ALL OF YOU.

We all want to be successful! In wrestling everyone has the same chances to succeed. It does not matter if you are rich/poor, short/tall, thick/thin or your athletic ability. Your success depends on your work ethic, attitude, and toughness. Wrestling will create great values that you will carry with you throughout your life such as work ethic, confidence, self-defense, and the ability to overcome adversity. Wrestling is challenging, but the best things in life are those that you work the hardest for. Wrestling is for everyone who wants to control their success.

Whether you have wrestled before, or it is your first time stepping on a wrestling mat – come wrestle with us this year! We have practices designed for all, including K through 5th Grade. And more opportunities to compete than ever before! Cost per wrestler is \$40 and includes a t-shirt and a ton of fun!

Practice Schedule: January 3rd – March 25th

Grade	Practice Nights	Time	Location
K	Monday	5:00 PM – 5:45 PM	Family Insurance
1 st / 2 nd	Monday / Wednesday	6:00 PM – 7:00 PM	Family Insurance
3 rd	Tuesday / Thursday	5:30 PM – 6:30 PM	Family Insurance
4 th – 5 th	Tuesday / Thursday	6:00 PM – 7:15 PM	Dome Gym

Optional Wrestling Competition Schedule (Grade / Ages / Details TBD)

Freedom Invite – January 16th

Wrightstown Tournament – January 22nd

WWF Kids Team State - TBD

WWF Youth State Qualifier Tournament – March 18th, 19th

WWF Youth State Tournament – March 25th, 26th

More competition opportunities to come!

Sign up today at www.freedomirish.com

For questions, contact Mason Manteuffel – 920-843-0987

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