



Greater Nashua Youth Wrestling

K - 8th Grade

Summer Green Heat Wrestling Clinic

Wednesdays starting June 19 through August (TBD) 6 -7:15 pm

Cost: \$35 which provides you with a BGCGN membership (if you have a current membership, you do not need to renew)

Clinics are open to all boys and girls in grades Kindergarten through 8th grade. If you've had an interest in wrestling, come join us! **No prior experience necessary! Participants need to wear clean sneakers, shorts with no pockets and a t-shirt. Pack a snack and lots of water! Clinics are held at the Boys & Girls Club in Nashua.**

Parents will have an opportunity to ask questions, hear information about our wrestling season and see our coaches in action.

Our practices will be held at the Boys & Girls Club in Nashua at 1 Positive Place (47 Grand Ave)

- Those participants age 8 and older who wish to continue learning about the exciting sport of wrestling must join BGCGN for a \$35.00* annual membership fee. Membership fee includes your wrestling registration and also allows your child to participate in BGCGN activities. A BGCGN membership application needs to be completed.
- Those participants who are under the age of 8 are too young to join the Boys & Girls Club **but can still** be part of the wrestling team and compete. A fee of \$20.00* covers their wrestling registration. A BGCGN membership application needs to be completed.

Save time at the door during our clinics – email your registration information to tanyabrandt23@gmail.com

(Please email: student's first and last name, parents name, cell/home phone, mailing address, email address, student's date of birth, school, grade.)

For questions about upcoming clinic please contact:

Wrestling Coordinator – Tanya Brandt Tanyabrandt23@gmail.com or

Coach - Sam Howe - Samdabull12@gmail.com

Athletic Director – Tim Davidian tdavidian@bgcn.com

For questions about the regular season starting in November, please contact

Wrestling Coordinator - Tanya Brandt - Tanyabrandt23@gmail.com or

Head Coach - Charlie Bruseo - CBruseo1@gmail.com