



Newton Canadian Baseball Association Return to Play Plan

Purpose: The document is to provide clear guidelines to all volunteers and players (“participants”) within the NCBA regarding the Public Health Office, viaSport, Baseball BC, BC Minor Baseball and the City of Surrey safety protocols during the Covid19 pandemic. This document will outline the Return to Play (RTP) plan and guidelines for the batting cage.

Mission: To provide a safe baseball environment for all NCBA participants during the current pandemic.

Execution: The following safety plan general rules shall be adhered to:

- Anyone displaying ANY illness symptoms MUST NOT attend.
- Disinfectant wipe down of all surfaces athletes can be exposed before every event.
- Reminder to all participants daily to avoid touching of eyes, nose or mouth
- No sharing of water bottles.
- No sharing of food of any kind.
- No spitting.
- No chewing gum or sunflower seeds.
- No sharing of any personal equipment or items
- Ride sharing to be discouraged whenever possible.
- All participants encouraged to disinfect their equipment after each event.
- All participants encouraged to wash all clothing and selves after each event.

Administration: Participant safety shall be the highest priority and maintained by health screening, physical distancing, mechanical barriers and sanitary protective measures. Further to the general rules, every practice or game the following shall be done:

- **Health Screening shall be conducted.** The coaches must conduct a health check of every individual by asking them:
 - Has anyone had symptoms of COVID-19 in the last 10 days. Symptoms include fever, chills, new or worsening cough, shortness of breath, sore throat, and new muscle aches or headache?
 - Has anyone been directed by the Public Health Office to self-isolate?
 - Has anyone arrived from outside of Canada in the last 14 days or who has had contact with a confirmed case of COVID-19?
- Any COVID-19 cases must self-isolate for 14 days and monitor for symptoms.



- Individuals who may start to feel sick while participating should do the following:
 - Sick participants should report to the coach even with mild symptoms.
 - Sick participants should be asked to wash or sanitize their hands, provided with a mask, and isolated. Ask the participant to go straight home and call 811 for further guidance.
 - **If the participant is severely ill (e.g., difficulty breathing, chest pain), call 911.** Clean and disinfect any surfaces that the ill individual has come into contact with.
- **Physical Distancing shall be monitored.**
- **Mechanical Barriers can be used where appropriate.**
 - **The batting cage is a 20 foot by 40 foot structure.** No more than five players and one coach shall be allowed in the batting cage once the RTP allows the cage to be opened.
 - **The 800 sq foot structure will allow for six people distanced at six feet apart without issue**
 - A Catcher may use a plastic face shield if they wish.
 - Participants should never be within 6 feet of each other but may use non-medical masks to mitigate the risk of spread when inside the cage.
- **Sanitary protective measures** will include cleaning of commonly touched surfaces and the use of non-medical masks.
 - The participant coach is responsible for the sanitary conditions.
 - They may delegate a parent volunteer to clean the surfaces of commonly touched items.
 - These would include baseballs, team bats, catchers gear and field preparation equipment.
 - A common household anti-bacterial detergent may be used.
 - Where participants find themselves within six-feet of each other both parties may use a non-medical mask to prevent any transmission.
 - **This plan, if executed properly, will avoid having anyone within six feet of another participant.**
- Appendix B is a Checklist for the health screening and physical distancing safety briefing at the beginning of practices and games. A copy of this plan specific to the batting cage will be placed inside the batting cage.

Oversight: Any issues or concerns can be brought to the age level coordinators or the 1st and 2nd Vice Presidents who oversee Pee Wee to Midget and Blastball to Mosquito respectively. **Any violations must be reported. There will be no repercussions to any participant for reporting the violations.**

Mr. Ryan Hall
NCBA 1st Vice President
September 14th, 2020

