

8th Annual Battle Camp

HOCKEY IS A CONTINUOUS BATTLE

Hockey is composed of a series of on-on-one battles. There are battles in the corners, battles along the walls, battles on the face off dots and battles in front of the net. The team that usually wins the most battles usually wins the game. Coaches and scouts always consider how a player competes and battles when evaluating them. Learn what it takes to compete and win!

Camp Highlights

Learn how to:

- Win one-on-one battles
 - Control the puck along the boards
 - Battle for loose pucks
 - Check & battle safely with respect for your opponent.
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- ❖ 2 hours of on-ice daily
 - ❖ Game scenario drills
 - ❖ Daily strength conditioning
 - ❖ Daily skill training in shooting and stickhandling

Bring shorts, t-shirt and tennis shoes for off ice conditioning. **Flip-flops are not acceptable.**

Lunch will be provided at an additional cost.

Player Name: _____ DOB: _____

Hockey Level: _____

Parent Names: _____

Parent E-Mail: _____

Parent Phone Number: _____

Camp Featuring:

Shjon Podien: 13 year NHL career, drafted by the Edmonton Oilers, won the Stanley Cup with the Colorado Avalanche in 2001 and finished his NHL career with the St. Louis Blues. Currently coaches high school hockey in Minnesota.

Dean Nelson: General Manager at KCIC and KCIC/KC Stars Hockey Director. Has 15+ years coaching experience at various age levels in Minnesota and Kansas City.

Gary Emmons: KC Jets head coach since 2007. Played 13 years professional hockey, mainly with the San Jose Sharks.

Conner Bowman: KC Jets Assistant Coach

Other Instructors: KCIC Staff & Jets Players

Date: July 29 – August 2, 2019

Time: Mon-Thurs: 9:30am-4:00pm
Friday is a ½ day

Cost: \$350

Age Groups:

U10, U12, U14 ('05-'10)

Will be split in 2 groups

4-6 goalie spots available – FREE!

Reserve spot by e-mail:

dnelson@kcicecenter.com

Camp is limited to the first 70 total.

To register please e-mail Dean Nelson: dnelson@kcicecenter.com, mail in this form, or turn in at KCIC.