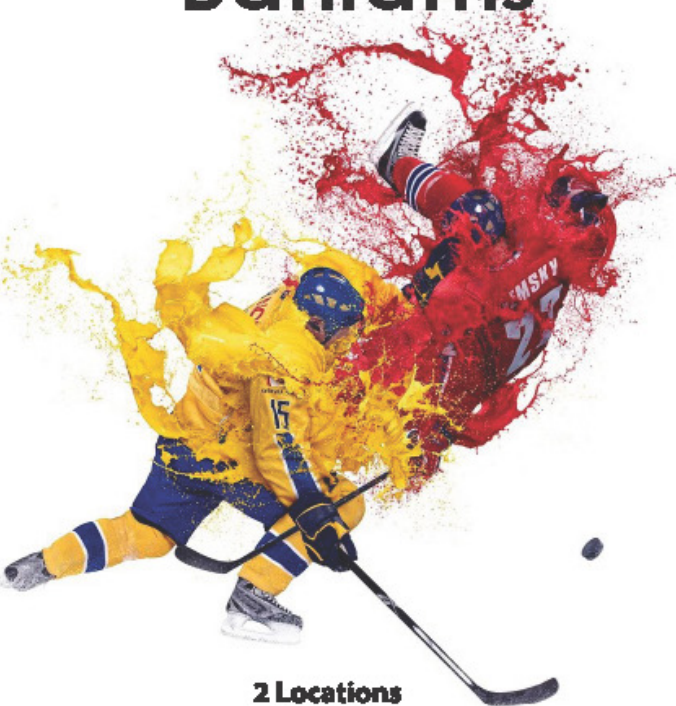


2023-2024



Winter Hockey **SUPER** CHECKING

Squirts
PeeWees
Bantams



2 Locations

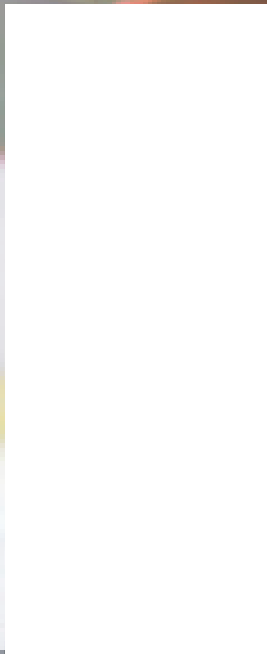
Southwest teams based out of
MMIC Facilities - Edina & St Louis Park
Northeast teams practice at
Ramsey County Arenas
www.minnesotamadehockey.com

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TWIN CITIES MN
PERMIT NO. 6293



PREPARE

To Be Your BEST



2023

Fall Hockey Clinics



7300 Bush Lake Rd
Edina, MN 55439

ADDRESS RETURN REQUESTED

Minnesota Made Ice Center - 2 locations
7300 Bush Lake Road, Edina, MN 55439
2201 Florida Ave S, St Louis Park, MN 55426
www.minnesotamadehockey.com



2023 Fall Hockey Training & Development

FALL SPEED ACADEMY

Three weeks of overspeed training devoted to increasing speed, quickness and agility. Speed Academy is run at an extremely high level of intensity pushing the skater well beyond their comfort zone.

The goal is to make the player a stronger competitor, but the additional benefit is increased confidence in their abilities.

August 28, 29, 30, 31, September 5, 6, 7, 8, 11, 12, 13, 14



Mite/8U \$445/athlete
5:00 - 6:00 pm

Squirt/10U \$545/athlete
6:10 - 7:20 pm

PeeWee \$545/athlete
5:00 - 6:10 pm

12U/14U \$545/athlete
6:20 - 7:30 pm

Bantam \$545/athlete
7:30 - 8:40 pm

*A \$250 deposit is due with registration.
Balance is due on August 1st.*

LEARN TO SKATE

LEARN TO PLAY HOCKEY

MMH's Learn to Skate Hockey Program is offered throughout the school year. Classes are available during the day for preschool and 1/2 day kindergarteners. This unique program is designed to not only teach your developing athlete how to skate, but also to teach your son or daughter some introductory methods when it comes to playing hockey. Each class is 45 minutes.

Weekdays at Edina

Mon/Wed or Tue/Thur

10:30am or 1:30pm

Saturdays at St Louis Park Rink

9:00am, 9:45am, 10:30am or 11:15am

August 28 and running through April 6

Cost: \$325/session for 2x per week
\$185/session for Saturday only

For questions: Corey Stark, Director/Lead Coach
coreys@mnmadehockey.com - Phone: 952-641-6865

BREAKFAST CLUB

Breakfast Club small group stickhandling is dedicated to individual skill development and meets weekly throughout the school year. These small groups are formed by skill level to maximize training.

Athletes skate 1 morning each week - 45 min.

Two 14-week sessions September 25 through April 26

6:00 am, 6:45 am, or 7:30 am

Locations: MMIC Edina and MMIC SLP

Cost \$595/session

For questions and group availability, contact:

Todd Blackstone, Director

toddb@mnmadehockey.com - Phone 952-641-6871



PUCK SKILLS | OPTIMUM DEFENSE | SHOOTING/PUCK PROTECTION

School year, small group training that focuses on special skills needed to improve your hockey game. Set a goal, work to achieve it.

PUCK SKILLS - for the beginner working on fundamental skills to prepare for stickhandling.

OPTIMUM DEFENSE - for defensemen understanding their unique roll to be a valuable asset to team.

SHOOTING/PUCK PROTECTION - for PeeWee and Bantam levels wanting to improve their shot and ability to control the puck in competition.

register online at www.mnmadehockeytraining.com