



22nd ANNUAL ALL-COMERS MEET

USATF Sanction Development Meet

HOSTED BY: Bay Cities Unleashed Youth Track and Field Club
DATE: Saturday, March 14, 2020
SITE: Warren High School
8141 De Palma Street
Downey, CA 90241

STARTING TIME: 7:00 a.m. Registration – 8:00 a.m. Running/Field Event
MEET DIRECTOR: Zee Cannon – (310) 632-3908 bcunleashedgc@aol.com

ELIGIBILITY: Boys and Girls in the following Divisions

AGE GROUP	BORN
8 & Under	2012 and Later
9 & 10	2010 – 2011
11 & 12	2008 – 2009
13 & 14	2006 – 2007
15 & 16	2004 – 2005
17 & 18	2002 – 2003

LIMITATION:

- 8 or under; 9-10 and 11-12 years old are limited to 3 events.
- 13-14, 15-16, 17-18 years old are limited to 4 events.

SURFACE:

- All-weather track and runway ¼ spikes or less

REGISTRATION: On-Site Registration at the gate for individuals, unattached and Team.

ENTRY FEE: \$2.00 Per Individual Event and \$8.00 Per Relay

Team entries are to be paid in cash or club check. Unattached entries to be paid in cash or money order.
(NO PERSONAL CHECKS WILL BE ACCEPTED).

AWARDS: Ribbons for all flights.

CONCESSION: Food and drinks will be available for purchase

MEET RESULTS: Will be provided On-line under www.scausatf.org

CHECK-IN: All participants must check in at the “clerk of the course” when their events are called. Field event participants must report directly to the official on the field in charge of the event when called.

PARKING: Limited Parking in parking lot, as well as limited parking on residential street. Please be mindful of street signs. ## Parking Lot Fee \$5.00 ##

ORDER OF EVENTS

RUNNING EVENTS START TIME: 8:00AM

EVENTS	AGE GROUP
3000. M	11/12 G/B—13/14 G/B---15/16 G/B-- 17/18 YW/YM
200. M	All Divisions Open & Masters
110. M HURDLES	15/16—B 17/18---YM
100 M HURDLE	13/14----G/B. 15/16----G
80 M HURDLES	11/12---G/B.
800 M	ALL Divisions (6 years and older)
4X100 M	ALL Divisions
3000 M Racewalk	11/12—G/B. 13/14---G/B. 15/16---G/B. 17/18---YW/YM
4 X 400M Relay	All Divisions

FIELD EVENTS START TIME: 8:00 AM

EVENTS	AGE GROUP
Long Jump	13-14(G/B), 15-16(G/B), 17-18(W/M), 11-12(G/B), 9-10(G/B), 8 & Under(G/B)
High Jump	11-12(G/B), 9-10(G/B), 13-14(G/B), 15-16(G/B), & 17-18(W/M)
Shot Put	15-16(G/B), 13-14(G/B), 8 & Under(G/B), 11-12(G/B), 9-10(G/B), & 17-18(W/M)
Mini (Turbo) Javelin Finn-Flyer	9-10(G; B), 8 & Under(G/B), 13-14(G/B 600 gm) 11-12(G;B) Javelin 13/14---G/B. 15/16---G/B. .17/17---W/M

MEET WILL TAKE PLACE RAIN OR SHINE