



### **CONGRATULATIONS and Welcome to the BlueJay Women's Golf Team!!!**

NOW WE TAKE OUR HARD WORK TO ANOTHER LEVEL

Practices will take place immediately after school from 3:30-6:00. Some days will require you to stay longer if we are playing/qualifying on the course.

Make sure in your golf bag you have golf balls, tees, divot repair tool, ball markers/coins, golf towel, sunscreen, rain gear, umbrella and an alignment stick to be used while on the driving range.

### **Coaching staff goals for each player this Season: BE A BLUEJAY!**

#### **DEFINITION OF WHAT A BLUEJAY GOLFER IS:**

Be Coachable

Work as hard as you can

Determined AND Committed to being a better golfer

Learn to control your emotions on the course

Hold yourself and your teammates Accountable

Be a Great Teammate

Always having an Excellent Attitude

Be Respectful to your coaches AND your teammates.

Practicing on your own. Do the little things without excuses that no one else wants to do.

#### **PRACTICE EXPECTATIONS:**

1. Have fun! Golf is already complicated and difficult but when we can learn to practice the correct way as well as have fun doing so, it makes the game AND our team that much better.
2. Practicing with a purpose. Each day requires time and effort to getting better. That involves coming to practice with a good attitude and a desire to improve. What happened at school that day can be talked about after practice is over.
3. Getting to know your teammates. Golf is mainly an individual sport, you against the golf course but we are a BlueJay family/team with specific goals in mind to accomplish as players and as a team. Getting to know your teammates allows us to help and encourage each other on and off the course.
4. Respect the course and it's facilities. We are extremely fortunate that Shoal Creek GC allows us to practice there so we want to make sure we are respectful to the workers as well as the course.
5. Dress accordingly. The course does not allow any denim shorts and also requires a team issued collared shirt.
6. Identify your weaknesses and make an effort to improve those weaknesses during and outside of our normal practices. Also, enhance your strengths as they are just as important as improving upon your weaknesses. Just attending practices does not guarantee that you will become the best golfer possible. Golf requires a lot of practice in order to have success so please continue to practice on your own on your own time.
7. Leave your phone in your bag unless you need to videotape your swing or call a parent.
8. You are required to be at practice everyday and on time. Getting out of school quickly and arriving at the course is crucial to our practice schedule. Our tee times start at 3:40 so arriving late may cause you to miss your tee time to play/qualify thus hindering your chance of earning a spot on the Varsity or JV team. It may also cause you a very limited warm up time to prepare to go out on the course and play. You need to communicate with Coach Carr (816-522-9915) in the event you are going to be late or need to be excused from practice. Failure to do so, could result in removal from playing in matches and tournaments. Repeat offenders may be asked to turn in their gear.