

PII Soccer Rules

1. Safety:

The safety of all the children is of primary concern. In all practice and game situations players must wear shin guards to prevent injury.

Soccer cleats are highly recommended as these actually help players develop skills. Football or baseball cleats are not permitted.

Players may not wear watches, rings, necklaces, earrings, or hair barrettes during a match. Any player with newly pierced ears, **MUST** remove their earrings for the duration of the game. **NO EXCEPTIONS**. Tape or bandages over the earrings will not be allowed.

Anyone wearing a cast or splint may not participate as a player.

Prescription glasses must have protective frames.

2. Number of players

Pre K: Three (3) field players - no goalie.

3. Length of game

Pre K: Practices and games will be held on Fridays. Practice will take place for twenty (20) minutes beginning at the scheduled hour. A break period of up to ten (10) minutes will follow. The game will then begin and will run as five (5) minute quarters. Rotations should take place each quarter. It is not advisable to switch ends at half time.

4. Referee

Pre K: There will be a time keeper/volunteer on the field helping to keep time and act as a referee.

5. Team Prayer

Coaches are encouraged to involve all parents, teams and referee in the prayer. Please gather at mid field. The HOME team will offer the prayer before the game/practice. The VISITING team will offer the prayer immediately following the game. **PLEASE** give the children the opportunity to take turns offering the prayer if they so desire.

6. Substitution

A system must be used to ensure equal play for every child. Positions must be rotated on a regular basis to ensure every child gets to play offense or defense each game.

7. Field Size and Equipment

See following graphic for typical field set-up at South Campus (Football Field).

Field size: 25 yards in length and 15 yards in width

Goals: SFSA has 4 sets of small goals, typically stored between the two fields. Please make sure to return the goals after games on Fridays.

Game ball size: Size 3. Try to discourage players from using larger sizes as this will likely hamper their development.

8. Kick-off

At the start of the game and after half-time, kick-off will be taken from the center spot. All players from each team must be in their own team's half of the field.

After a goal is scored, play will resume with the ball being played out from the goal area of the team that lost the goal.

As the game is split into quarters, play at the beginning of the second and fourth quarters will resume from where the play stopped e.g. a throw-in, goal etc.

9. Other relevant rules and considerations:

Hand ball should not be called unless a player catches, picks up, or deliberately guides the ball with his/her hand.

Heading of the ball is not permitted.

Offside is not played in PII.

Where play is re-started from kick-off/foul/goal/injury the opposing team shall move at least 10 feet from the ball.

At this age, playing is more about instruction, encouragement, participation, enjoyment, and positioning of players and less about strict adherence to the FIFA rule book. The formal rules are gradually introduced and enforced more as the players progress through school grades.

Be safe and Enjoy!